



## TOUR ITINERARY

RIDING  
LEVEL

3

Europe / France / Provence

# Provence Bike Tour

Villages of the Luberon and Foothills of Mt. Ventoux



## TOUR HIGHLIGHTS

- Browse the weekly market in Gordes, where local producers offer pints of perfect berries, fragrant soap, loose lavender and spices, and heaps of olives
- Ride through emblematic Provençal scenery, from hill towns and lavender fields to the Ventoux region revered by cyclists
- Delve into the winemaking industries of the Vaucluse, Ventoux, and Luberon as you taste fruity reds from Gigondas and dimensional whites from Sablet and Vacqueyras
- Visit countless colorful villages that typify Provence, like the red-hued Roussillon and pristine Bonnieux
- Taste classic Provençal dishes prepared by our local friend in her home kitchen





## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Paris or Marseille, France
- 📍 **Pick-Up Location:**  
Avignon Train Station
- 🕒 **Pick-Up Time:**  
9:30 am

### Departure Details

- ✈ **Airport City:**  
Paris or Marseille, France
- 📍 **Drop-Off Location:**  
Avignon Train Station
- 🕒 **Drop-Off Time:**  
12:00 pm

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).



# TOUR ITINERARY

## Tour By Day

DAY  
1

### Bienvenue en Provence

Meet our guides at the Avignon TGV train station, and the adventure begins! After a short transfer into the countryside, we'll start in style at our luxurious hotel with a bike fitting and safety briefing. Set out on a beautiful first ride past vineyards and fruit-laden orchards, reaching Saint-Saturnin-lès-Apt in time for lunch. Leave town alongside the iconic 17th-century windmills and continue cruising through the villages of Gargas and Villars, admiring the region's tranquil landscapes and timeless architecture. Tonight, delight in a vineyard-side bienvenue dinner at our hotel's bistro. Bon Appétit!

**Meals:** Lunch / Dinner

**Destinations:** Saint-Saturnin-lès-Apt, Gargas, Villars

**Accomplished:** 16 miles / 26 km, elevation gain: 1,115 feet / 340 meters

**Accommodations:** [Coquillade Provence](#) or [Capelongue](#)

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DAY  
2

### Essence of The Luberon

Today we'll ride on through the forested heart of the Petit Luberon, peering out across the valley floor with its patchwork of orchards and vineyards. Enjoy views from the wealthy and picturesque village of Bonnieux, and stop for a cappuccino in Lacoste. We'll learn about Côtes du Luberon wines in a *domaine* near Ménerbes, then enjoy a lovely picnic prepared by your guides. Spin back to our hotel on a bike path and spend the rest of the afternoon enjoying a poolside glass of chilled rosé. Later, we regroup and transfer to the small village of Robion to meet our dear friend Veronique. In her home kitchen, she'll prepare classic Provençal dishes, then serve them on her charming terrace.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Bonnieux, Lacoste, Ménerbes, Baumettes, Gargas

**Accomplished:** 34 miles / 56 km, elevation gain: 2,355 feet / 718 meters

**Shorter Option:** 23 miles / 38 km, elevation gain: 1,860 feet / 567 meters

**Accommodations:** [Coquillade Provence](#) or [Capelongue](#)

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## TOUR ITINERARY

DAY  
3

### To the Top of the World

Our morning ride will take us on small country roads that lead to one of the most beautiful villages of the Luberon—Gordes. Explore the village's outdoor market and scenic terraces created by its impressive position in the Luberon Valley. Next, climb to the high plateau of the Luberon and reward yourself with incredible views and a well-deserved lunch in the village of Murs. Cruise downhill to the next charming village, Roussillon, which is full of galleries, colorful adornments made by local artists, and astonishing ochre-colored cliffs. Spend the remainder of today as you wish—may we suggest treating yourself to a massage at the hotel spa? Your guides can offer excellent suggestions for this evening's dinner on your own in town.

**Meals:** Breakfast / Lunch

**Destinations:** Gordes, Murs, Joucas, Roussillon, Gargas

**Accomplished:** 34 miles / 56 km, elevation gain: 3,267 feet / 996 meters

**Shorter Option:** 24 miles / 39 km, elevation gain: 2,257 feet / 688 meters

**Accommodations:** [Coquillade Provence](#) or [Capelongue](#)

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DAY  
4

### Entering Ventoux's Foothills

Leave the Luberon Valley behind us as we head north into the Ventoux region, presided over by the "Giant of Provence"—Mont Ventoux itself. We'll skirt the stunning cliffs in Lioux, reaching a plateau before we ride into Méthamis. Lunch is served just outside Mazan in an area devoted to agriculture and wine growing, with views of Ventoux beyond the vineyards. We'll stop for a taste of those very grapes, discovering the nuances of the Ventoux appellation at a winery that was organic nearly 25 years ago, well before it was a global buzzword. Settle into our next hotel before dinner at a local restaurant, which is just a quick walk away in the perched village of Crillon-le Brave.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Lioux, Méthamis, Mazan, Bédoin, Crillon-le Brave

**Accomplished:** 37 miles / 61 km, elevation gain: 3,336 feet / 1,017 meters

**Longer Option:** 50 miles / 81 km, elevation gain: 4,589 feet / 1,399 meters

**Accommodations:** [Crillon le Brave](#)

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## TOUR ITINERARY

DAY  
5

### The Winemaking Mecca of the Vaucluse

After breakfast on the hotel's panoramic terrace, set off on a roller coaster day of riding: we'll tackle a climb up Col de la Madeleine, a pass that makes you feel like you're pedaling among the clouds. Then, pass precious Provençal towns, sun-warmed vineyards, and olive groves on the way to Le Barroux, a Vaucluse village known for its 12th-century castle. The descent into Beaumes-de-Venise is sweet—appropriate for a town best-known for its appellation of sweet wine. Continue spinning north, following a string of French winemaking villages like Vacqueyras and Gigondas. A winery visit sheds more light on the region's viticulture, followed by a wine-paired lunch where we sip some local varieties of Syrah and Grenache while gazing out over the vineyards where they're grown. If you're happily full of wine, opt for a transfer directly back to the hotel, or choose to keep pedaling through the blissful country landscapes. Tonight, we dine together at one of our favorite restaurants close to the hotel.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Le Barroux, Beaumes-de-Venise, Vacqueyras, Gigondas, Crillon-le-Brave

**Accomplished:** 21 miles / 35 km, elevation gain: 1,939 feet / 591 meters

**Longer Option:** 40 miles / 65 km, elevation gain: 3,107 feet / 947 meters

**Accommodations:** [Crillon le Brave](#)

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DAY  
6

### Au Revoir!

For your final morning, enjoy a quiet breakfast and relax or go for a last ride in the countryside, saying farewell to the olive groves and vineyards that have been so familiar to us this week. Your guides will see you off in Avignon.

**Meals:** Breakfast

**Destinations:** Le Barroux, Crillon-le-Brave

**Accomplished:** 13 miles / 22 km, elevation gain: 1,312 feet / 400 meters

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