



## TOUR ITINERARY

RIDING  
LEVEL

2

United States / California / Northern California

# Sonoma 4-Day Bike Tour

Wine Country to the Bay: California Vineyards and Coastlines



## TOUR HIGHLIGHTS

- Cycle the beautiful and remote Pacific coast, past rugged headlands and crashing waves
- Discover our off-the-beaten path favorites, from bakeries to cafés and cheese producers
- Sip California's most famous wines right where they're grown and discover the burgeoning microbrewery scene in Sonoma
- Stroll Healdsburg's quaint town square and pop into dozens of local tasting rooms





## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
San Francisco or Sonoma, California
- 📍 **Pick-Up Location:**  
San Francisco Marriott Fisherman's Wharf
- 🕒 **Pick-Up Time:**  
9:00 am

### Departure Details

- ✈ **Airport City:**  
San Francisco or Sonoma, California
- 📍 **Drop-Off Location:**  
San Francisco Marriott Fisherman's Wharf
- 🕒 **Drop-Off Time:**  
2:00 pm

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).

### COVID-19 Travel Restrictions

For the latest travel restrictions related to the coronavirus pandemic—including quarantine requirements—please review [California's state travel guidelines](#).



# TOUR ITINERARY

## Tour By Day

DAY  
1

### Pastoral Sonoma

Your guides will meet you in San Francisco, and we'll transfer you north across the Golden Gate Bridge to Marin County. Begin with the essentials: a bike fitting, safety talk, and map review before tasting cheeses at Marin French Cheese company. Our ride will take us past Sonoma's rural ranches and pastoral farms. The biggest climb of the week comes early, but is rewarded with beautiful views of Tomales Bay. After lunch at a local cyclists' hangout, we'll continue to the sleepy town of Freestone, then choose a van transfer or continue a few more miles on the bike to the Bodega Bay Lodge. Tonight, we kick off the tour with an exquisite meal at Terrapin Creek.

**Meals:** Lunch / Dinner

**Destinations:** Marin French Cheese Company, Tomales Bay, Bodega Bay

**Accomplished:** 34 miles / 55 km, elevation gain: 2,132 feet / 650 meters

**Longer Option:** 43 miles / 69 km, elevation gain: 2,512 feet / 766 meters

**Accommodations:** [Bodega Bay Lodge](#)

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DAY  
2

### The California Coast

Today's stunning ride highlights the best of California. Start your day pedaling past rugged headlands along the Pacific coast, then head inland to the Russian River Valley. As we ride, the landscape morphs from dense forests to California's renowned vineyards. We'll stop for a picnic lunch in the shade of towering redwoods at a local reserve. After, hop in the van and head directly to Healdsburg or challenge yourself with some extra miles amidst the vines. Tonight, enjoy dinner on your own in Healdsburg.

**Meals:** Breakfast / Lunch

**Destinations:** Russian River Valley, Westside Road, Healdsburg

**Accomplished:** 25 miles / 40 km, elevation gain: 1,157 feet / 352 meters

**Longer Option:** 47 miles / 75 km, elevation gain: 2,076 feet / 633 meters

**Accommodations:** [Hotel Healdsburg](#) or [Harmon Guest House](#)

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## TOUR ITINERARY

DAY  
3

### Dry Creek and Alexander Valleys

This morning we'll cycle West Dry Creek Road in a region flush with welcoming vineyards. As we cross into Alexander Valley, quiet back roads open up to dreamy views of the Mayacamas Mountains and we'll stop for a coffee among acres of vines. After lunch, visit our favorite local winery to sip on crisp Chardonnays and juicy Zinfandels, then return to the hotel for an afternoon by the pool. Tonight, we celebrate our time together at a very special farewell dinner.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Dry Creek Valley, Alexander Valley, Ridge Winery

**Accomplished:** 38 miles / 61 km, elevation gain: 1,519 feet / 463 meters

**Accommodations:** [Hotel Healdsburg](#) or [Harmon Guest House](#)

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DAY  
4

### Chalk Hill Road and Local Brews

If you haven't had your fill of wine country, take an optional spin along the Russian River Valley and Chalk Hill, or enjoy your morning coffee and a leisurely stroll around Healdsburg's town square. Around midday, we'll head back toward the Bay Area, stopping for lunch and beer at a local microbrewery. Then it's back to San Francisco where our adventure concludes.

**Meals:** Breakfast / Lunch

**Destinations:** Chalk Hill Road, Alexander Valley, Petaluma

**Accomplished:** 32 miles / 51 km, elevation gain: 1,217 feet / 371 meters

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