



## TOUR ITINERARY

RIDING  
LEVEL

1

Europe / France / Burgundy

# Burgundy Sommelier on Wheels Bike Tour

With Master Sommelier Carlton McCoy

## TOUR HIGHLIGHTS

- Cycle le Route des Grands Crus among the most esteemed vineyards in Burgundy
- Learn about wine pairing from a Master Sommelier at private tastings
- Accompany Carlton McCoy to insider visits at his favorite winemakers
- Indulge in a Michelin-starred meal in the company of fellow wine connoisseurs



## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Paris, France
- 📍 **Pick-Up Location:**  
Beaune train station or a downtown hotel
- 🕒 **Pick-Up Time:**  
11:00 am

### Departure Details

- ✈ **Airport City:**  
Paris, France
- 📍 **Drop-Off Location:**  
Beaune train station
- 🕒 **Drop-Off Time:**  
12:00 pm

**NOTE:** DuVine provides group transfers to and from the tour, within reason and in accordance with the pick-up and drop-off recommendations. In the event your train, flight, or other travel falls outside the recommended departure or arrival time or location, you may be responsible for extra costs incurred in arranging a separate transfer.

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### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).

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### Master Sommelier Carlton McCoy

Carlton McCoy is the President and CEO of Napa Valley's Heitz Cellar, as well as one of the youngest people in the world to have earned the Master Sommelier Diploma and the second African American to do so.

In May of 2013, at the age of 28, McCoy achieved the highest distinction afforded in the wine industry. This is an especially remarkable accomplishment considering, when McCoy was growing up, no wine was served in his home. In 2012, McCoy was named Wine Director of **element 47** at **The Little Nell**, marking an incredible rise through the food and wine industry that began with a high school culinary program for underprivileged youth.

Raised in Washington, D.C., he spent his time assisting his grandmother with her church-based catering business. In high school, he enrolled in the Careers through Culinary Arts Program (C-CAP), which helps underprivileged youth get a head start on culinary careers. He was awarded a scholarship to The Culinary Institute of America, where he was called to his true passion: wine and service.

McCoy has a sense of adventure, traveling the world in search of great wine and spirits. He has graced several celebrated restaurants including Thomas Keller's Per Se, Marcus Samuelsson's Aquavit and Tom Colicchio's Craft Steak in New York City, Eric Zeibold's CityZen at The Mandarin Oriental in Washington, D.C., and worked with Doug Anderson at the Four Seasons Hotel in Washington, D.C.

McCoy has received many awards including the Forbes "30 under 30," *Wine Enthusiast's* "Best New Sommelier" and Star Chefs' "Rising Star Sommelier" among others. When he's not serving, studying, or tasting wine, McCoy is out running, biking, hiking, and skiing.

# TOUR ITINERARY

## Tour By Day

DAY  
1

### Welcome to Burgundy!

Your guides will greet you at the train station in Beaune to begin an unforgettable discovery of wine by bike. Toast to the adventure ahead with a glass of sparkling Crémant de Bourgogne in medieval Beaune, set within massive 14th-century ramparts. After a bike fitting and safety talk, meet Master Sommelier Carlton McCoy and join him for a first spin through the scenic vineyards of the Côte de Beaune. Arrive at our friend's farmhouse for a home-cooked lunch that will knock your cycling socks off, then opt to work off the feast with a longer ride back to Beaune. Tonight we dine at Beaune's most esteemed Michelin restaurant, where Carlton will personally select wine pairings for all to enjoy.

**Meals:** Lunch / Dinner

**Destinations:** Beaune, Pommard, Volnay, Auxey-Duresses, Meursault

**Accomplished:** 15 miles / 25 km, elevation gain: 450 feet / 137 meters

**Longer Option:** 25 miles / 40 km

**Accommodations:** [Hotel Le Cep](#)

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DAY  
2

### Explore the Hautes-Côtes de Beaune

Begin the day cycling through the picturesque villages of the French countryside, pausing in Saint-Romain for extraordinary views of its 13th-century castle ruins. We'll pedal past Charolais cows grazing lazily, the ornate tiled roof of La Rochepot's château, and the hamlet of Orches. In Chassagne-Montrachet, a gourmet picnic lunch awaits you, washed down with a tasting of Côte de Beaune's Grands Crus vintages at Carlton's friend's estate. Cycle back to Le Cep through the towns of Puligny-Montrachet, Volnay, and Pommard, and spend the afternoon shopping and strolling in Beaune. This evening, sit down to a private tasting hosted by Carlton, where we'll whet our appetite with his favorite Burgundy vintages and local producers before dinner in the heart of Beaune.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Beaune, Saint-Romain, Orches, La Rochepot, Saint-Aubin, Chassagne-Montrachet, Puligny-Montrachet, Meursault, Volnay, Pommard

**Accomplished:** 27 miles / 44 km, elevation gain: 1,526 feet / 465 meters

**Accommodations:** [Hotel Le Cep](#)

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## TOUR ITINERARY

DAY  
3

### The Vineyards of the Côte de Nuits

Breakfast is served in Le Cep's 16th-century courtyard to fuel us up for a ride into the legendary Côte de Nuits region. We'll cover the famous appellations of Aloxe-Corton and Nuits-Saint-Georges, the Domaine de la Romanée-Conti estate, and the enclosed vineyards of Clos de Vougeot. An unforgettable lunch is prepared by our friend and winemaker Christine Drouhin, paired with her own exceptional wines. This afternoon, our Master Sommelier will once again open doors to wineries that are close to his heart. Once we've emptied our glasses, opt for a quick transfer back to Beaune or complete an epic cycling loop through the hills, ending at our hotel. Celebrate our time together over a final dinner at a private club in Beaune, where Carlton and his vintner friend treat us to endless pours of elegant Pinot Noir and buttery white wines.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Aloxe-Corton, Nuits-Saint-Georges, Vosne-Romanée, Clos de Vougeot

**Accomplished:** 19 miles / 32 km, elevation gain: 568 feet / 173 meters

**Longer Option:** 38 miles / 64 km

**Accommodations:** [Hotel Le Cep](#)

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DAY  
4

### Au Revoir Burgundy

Say goodbye to Burgundy however you prefer: sleep in, stroll the streets of Beaune, or take one final ride on a section of the Route des Grands Crus. Later in the morning, your guides bid you "adieu" at the Beaune train station.

**Meals:** Breakfast

**Destinations:** Beaune

**Accomplished:** Optional morning ride

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