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TOUR ITINERARY

RIDING LEVEL 2

Europe / France / Provence

Provence 4-Day Bike Tour

Unpack Once and Discover the Essence of the Luberon

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TOUR HIGHLIGHTS

- Browse the weekly market in Cucuron, where local producers offer pints of perfect berries, fragrant soap, wheels of cheese, and intoxicating Provençal lavender
- Ride through emblematic Provençal scenery and delve into the winemaking industry of the Ventoux and the Luberon
- Enjoy a Provençal lunch at a small, family-owned winery
- Bike through colorful, quintessentially French villages like Bonnieux and Lacoste, filled with charming façades, boutiques, and cafés
- Unpack once and settle into Capelongue, a chic Provençal estate where you'll wake each day to sweeping views of vineyards and olive groves









ARRIVAL + DEPARTURE

Arrival Details

- **Airport City**:
  Paris or Marseille, France
- **Pick-Up Location**:
  Avignon TGV Train Station
- **Pick-Up Time**:
  10:30 am

Departure Details

- **Airport City**:
  Paris or Marseille, France
- **Drop-Off Location**:
  Avignon TGV Train Station
- **Drop-Off Time**:
  12:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.



TOUR ITINERARY

Tour By Day

DAY 1 Bienvenue en Provence

Your guides will greet you at the Avignon TGV train station, and the adventure begins! A short transfer brings us to the charming town of Villars, where we will have our first lunch together followed by a bike fitting and safety briefing. Then, set out on a warm-up ride past vineyards and fruit-laden orchards, to one of the last Roman bridges in France. Continue cycling, admiring the region's tranquil landscapes and timeless architecture before climbing to the pristine village of Bonnieux. Set high above the Luberon, this historically prosperous enclave once served as the summer residence for several Avignon bishops. From there, it's a short ride to our luxurious hotel. Settle into your room, then spend some time relaxing poolside. This evening, watch the sunset over the valley during a seasonal feast at the hotel's open-air bistro. *Bon Appétit*!

Meals: Lunch / Dinner
Destinations: Villars, Gargas, Bonnieux
Accomplished: 16 miles / 26 km, elevation gain: 905 feet / 276 meters
Accommodations: Capelongue

DAY 2 Markets and Villages

Today's ride showcases Provence at its most idyllic. Winding along quiet country lanes, we'll pedal past sun-warmed vineyards, silvery olive groves, and fields of fragrant lavender. Along the way, cycle through a trio of captivating villages—Ansouis, with its medieval stone walls, Cucuron, where centuries-old plane trees shade the lively outdoor market, and elegant Lourmarin, renowned for its charming cobbled streets and artisan galleries. In Lourmarin we'll linger over lunch on a sunny terrace before deciding how to spend the afternoon: complete the loop back to the hotel for a satisfying finish in the saddle or transfer by van for a bit more downtime. The rest of the day is yours—take a refreshing swim, explore the beautiful grounds, or treat yourself to a massage at the hotel spa. Tonight, we'll regroup and head to dinner at a delightful family-run restaurant with a secret garden terrace.

Meals: Breakfast / Lunch / Dinner
Destinations: Cucuron, Ansouis, Lourmarin, Bonnieux
Accomplished: 28 miles / 46 km, elevation gain: 1,538 feet / 469 meters
Longer Option: 34 miles / 56 km, elevation gain: 2,440 feet / 744 meters
Accommodations: Capelongue

DAY 3 Essence of the Luberon

Today we'll ride on through the forested heart of the Petit Luberon, peering out across the valley floor with its patchwork of orchards and vineyards. Enjoy a cappuccino and the view from the picturesque village of Lacoste, then continue cycling to a family *domaine* just outside the town of Goult. There, we'll learn about Côtes du Luberon wines and enjoy a lovely picnic prepared by your guides. Close the loop back at the hotel, where you can spend the afternoon relaxing poolside with a glass of chilled rosé. Later, we'll head to a nearby winery, toasting to our time in Provence before a special farewell dinner.

Meals: Breakfast / Lunch / Dinner
Destinations: Lacoste, Menèrbes, Oppède-le-Vieux, Baumettes, Goult, Bonnieux
Accomplished: 22 miles / 36 km, elevation gain: 1,417 feet / 432 meters
Longer Option: 30 miles / 48 km, elevation gain: 2,559 feet / 780 meters
Accommodations: **Capelongue**

DAY 4 Au Revoir

For your final morning, enjoy a quiet breakfast and relax or go for a last ride in the countryside, saying farewell to the olive groves and vineyards that have been so familiar to us this week. Your guides will see you off in Avignon.

Meals: Breakfast
Destinations: Bonnieux, Buoux
Accomplished: 14 miles / 23 km, elevation gain: 1,158 feet / 353 meters

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