



TOUR ITINERARY



Europe / Italy / Tuscany

# Tuscany Villa Bike Tour

A Private Countryside Ride + Retreat

## TOUR HIGHLIGHTS

- Unpack once and enjoy an incredible week of riding from the same luxurious home base
- Tailor your itinerary to your unique interests—including hiking, cooking classes, wine tastings, private yoga classes, and more—perfect for groups with mixed riding levels or non-riders
- Discover Tuscany's cultural facets by bicycle, from Renaissance art and architecture to wine tastings and one-on-one time with locals
- Dine on a thoughtful blend of cyclist-friendly fare prepared by the villa's private chef and essential dishes in classic Tuscan restaurants





## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Rome or Florence
- 📍 **Pick-Up Location:**  
Rome or Florence
- 🕒 **Pick-Up Time:**  
9:00 am

### Departure Details

- ✈ **Airport City:**  
Rome or Florence
- 📍 **Drop-Off Location:**  
Rome, Florence, or Chiusi Train Station
- 🕒 **Drop-Off Time:**  
1:00 pm

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

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### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).

# TOUR ITINERARY

## Tour By Day

DAY  
1

### Benvenuti!

We'll arrange a private transfer from Rome or Florence to our villa in the Tuscan countryside, your home for the rest of the week. First order of business: a fresh, nourishing lunch designed to power us through our first ride. After a bike fitting and safety talk, pedal up and down the panoramic ridges, stopping to explore the cobbled streets of sleepy medieval hill towns like Trequanda and Montisi. Back at the villa, take a dip in the pool while a private chef works some magic on our first Tuscan dinner.

*Non-riders can relax at the villa or head to a local olive mill for an organic olive oil tasting.*

**Meals:** Lunch / Dinner

**Destinations:** Asciano, Collalto, Trequanda

**Short Option:** 17 miles / 27 km, elevation gain: 1,300 feet / 400 meters

**Long Option:** 27 miles / 43 km, elevation gain: 2,000 feet / 650 meters

**Accommodations:** [Luxury Tuscan Villa](#)

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DAY  
2

### The Crete Senesi: White Roads and Renaissance Masterpieces

Today we tackle a classic loop over the low, cypress-punctuated hills of the Crete Senesi. This area is historically known as the breadbasket of Siena, an identity that comes to life as we pedal up and down the ridges of open grassland. You may also recognize the region as host of the Strade Bianche—a daylong race on these “white roads,” taking place each March—particularly when we cross the race route multiple times. Return to the villa in time for lunch by the pool or admire Renaissance frescoes at the nearby Abbey of Monte Oliveto. Tonight, the chef will wow us once again with a meal designed to fuel the rides that lie ahead.

*Non-riders can spend the day at the villa, visit the Monte Oliveto frescoes, go horseback riding, or enjoy wine tastings.*

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Asciano, Monteroni, Buonconvento

**Short Option:** 20 miles / 33 km, elevation gain: 1,300 feet / 400 meters

**Long Option:** 50 miles / 80 km, elevation gain: 4,700 feet / 1,400 meters

**Accommodations:** [Luxury Tuscan Villa](#)

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## TOUR ITINERARY

DAY  
3

### The Val d'Orcia, Pienza, and Truffle Hunting

Another day, another beautiful ride through the backdrops of Tuscany beloved by Hollywood. First up is Montepulciano, recently featured in *Twilight* and *Masters of Florence*, then out into the Val d'Orcia, where *Gladiator's* iconic wheat field scenes were filmed. Stop for lunch in Pienza, the setting for *The English Patient*. Dine *al fresco* on the terrace of a former cloister before completing the loop back to our villa. This evening, choose to dine in or head out with our friend Paolo and his faithful truffle dog to hunt for the perfect morsel, which we'll taste at our friend Donatella's cozy *osteria*—just one feature of this truffle-themed feast.

*Non-riders can visit a farm outside of Pienza where they'll learn to bake rustic Tuscan bread or make cheese, then explore shops and cafés in the hill towns of Montepulciano and Pienza before meeting the riders for lunch.*

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Montepulciano, Montichiello, Pienza

**Short Option:** 20 miles / 33 km, elevation gain: 1,500 feet / 450 meters

**Long Option:** 50 miles / 80 km, elevation gain: 5,000 feet / 1,500 meters

**Accommodations:** [Luxury Tuscan Villa](#)

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DAY  
4

### Flex Day

Take a day off the bikes, instead relaxing at the villa or visiting Siena, Cortona, or another hill town on your must-see list: shop, explore, or linger over lunch with a bottle of wine. If you prefer, we can arrange a private tasting and lunch at a local winery, a cooking class at a local farm or in the comforts of the villa, or an exclusive tour of the countless castles, towns, or Etruscan ruins in the villa's radius. For the ambitious cyclists who want to keep up with their daily miles, the option is on the table to conquer the climb up Mt. Amiata for some serious bragging rights.

**Meals:** Breakfast

**Destinations:** Siena, Cortona, Mt. Amiata, and beyond

**Accomplished:** Optional riding

**Accommodations:** [Luxury Tuscan Villa](#)

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## TOUR ITINERARY

DAY  
5

### Local All the Way (Featuring Brunello di Montalcino)

This morning will find us pedaling to the perched town of Montalcino. Nearly abandoned during the post-war economic boom, Montalcino has enjoyed a renaissance due to the popularity of Brunello wines that, by law, can only be produced here. We'll ride the entire length of this now-famous wine region and pause for a tasting lunch. After lunch, choose to shuttle back to the villa or complete the full loop by bike. Tonight, we return to Montalcino for a truly Tuscan affair: an evening of cooking, drinking, and learning to live like a local with our friend Lina in her 15th-century home.

*Non-riders can go for a vineyard walk, spend the day at the natural thermal hot springs of Bagno Vignoni, visit a local Brunello producer for a tasting, or do all three!*

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Montalcino, Castiglione d'Orcia, San Quirico

**Short Option:** 25 miles / 40 km, elevation gain: 2,200 feet / 675 meters

**Long Option:** 50 miles / 80 km, elevation gain: 5,100 feet / 1,575 meters

**Accommodations:** [Luxury Tuscan Villa](#)

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DAY  
6

### Battlefields, Castles, and Chianti Classico

No trip to Tuscany is complete without a visit to Chianti. To get there, we'll ride one of the most-photographed roads in the world, once again crossing into Strade Bianche territory. You'll know you're in Chianti when the wheat fields give way to vineyards and deep, cool forests. It was here in Montaperti that a desperate Siennese army shocked the medieval world with its victory over Florence in 1260, paving the way for Siena's golden age. The 300 years of intermittent warfare that followed resulted in the fortified towns and countless castles that pepper the entire region. We'll stop for coffee in Castelnuovo (appropriately meaning "New Castle") before finishing the ride home through Rapolano. Tonight, our final dinner celebrates a successful week—did someone say pizza oven?

*Non-rider options can head to the city of Siena to soak up medieval architecture, shop, museum-hop, or take a fascinating guided tour that focuses on the Palio, Siena's famous bareback horse race. Or, visit a historic castle and wine producer in Chianti for an incredible tasting lunch.*

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Montaperti, Castelnuovo Berardenga, Rapolano

**Short Option:** 25 miles / 40 km, elevation gain: 2,200 feet / 650 meters

**Long Option:** 50 miles / 80 km, elevation gain: 3,600 feet / 1,100 meters

**Accommodations:** [Luxury Tuscan Villa](#)

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DAY  
7

## Farewell

It's your last day in Tuscany, so how to spend it is up to you: sleep in, or elect to take a final ride through the surrounding hills. Your guides will return you to the Chiusi train station or coordinate a transfer back to Florence or Rome, bidding you farewell as you head on to your next destination.

**Meals:** Breakfast

**Accomplished:** Optional morning ride

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