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TOUR ITINERARY

RIDING LEVEL 3

Europe / Italy / Sardinia

Sardinia Bike Tour

Italy's Wild Island: from Costa Smeralda to the Interior

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TOUR HIGHLIGHTS

- Ride an incredibly scenic road along the Goroppu Gorge and push yourself to conquer the Genna Silana Pass
- Taste Sardinia's culinary heritage in foods like *pane carasau*, flatbread baked fresh in a wood-fired oven
- Get to know the island's acclaimed red wine, Cannonau, during a tasting lunch with a local producer
- Discover Sardinia's distinct regions, whether stargazing at a luxury hotel nestled against the island's highest peak or exploring beachy Costa Smeralda by bike and boat









ARRIVAL + DEPARTURE

Arrival Details

- **Airport City**: Olbia, Italy
- **Pick-Up Location**: Aethos Hotel
- **Pick-Up Time**: 9:30 am

Departure Details

- **Airport City**: Olbia, Italy
- **Drop-Off Location**: Olbia Airport
- **Drop-Off Time**: 10:30 am

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.

Travelers Take Note

To show you all our favorite parts of Sardinia, this tour includes longer transfers on Day 3 (80 minutes) and Day 6 (2 hours and 20 minutes to the airport at the end of the tour). We like to think of it as an opportunity to experience a greater breadth of scenery and cover as much ground as possible.



Tour By Day

PRE-TOUR

Cannigione Pre-Night (Optional)

Arrive a day early in Cannigione for an extra night at the first hotel of the tour. Settle in, relax on the beach, or ease into vacation mode by the pool with a glass of Prosecco. Later, stroll along the waterfront for dinner at one the town's inviting restaurants. In the morning, enjoy breakfast at the hotel before meeting your DuVine guides to begin the tour.

Inclusions: Hotel, Breakfast
Accommodations: **Aethos Sardinia** or **Cascioni Eco Retreat**
Price per person in double occupancy: $300
Price in single occupancy: $520

DAY 1

Welcome to Sardinia

Meet your guides in Olbia or at our first hotel, a secluded oasis on Sardinia's glittering Costa Smeralda. Get fitted to the bikes then warm up with a ride along the coast before heading inland to our friend Max's hidden winery. Here, we'll have our first taste of Sardinia's flagship varietals, Vermentino and Cannonau, paired with local cheeses and a home-cooked lunch. Afterwards, bike directly back to the hotel or opt to stop and explore some prehistoric stone edifices called *nuraghe*. Tonight's dinner sets the tone for the week: a feast of fresh seafood enjoyed as the sun sets over the Mediterranean.

Meals: Lunch / Dinner
Destinations: Cannigione, Arzachena
Accomplished: 14 miles / 24 km, elevation gain: 1,630 feet / 497 meters
Longer Option: 26 miles / 42 km, elevation gain: 2,361 feet / 802 meters
Accommodations: **Aethos Sardinia**

TOUR ITINERARY

DAY 2

La Maddalena

Pedal up the coast today and catch a short ferry to La Maddalena, part of the archipelago just off the main island. We'll bike in and out of hidden bays with views of the rugged coastline, then cross the causeway to Caprera, Maddalena's sister island. Caprera was the historic home of Giuseppe Garibaldi—one of modern Italy's most fascinating figures—so we'll spend some time learning about his life and legacy. Leaving the bikes behind, board a private yacht and experience Costa Smeralda's glamour as we swim in secluded coves. After a simple and satisfying lunch on deck, we'll sail right to our hotel. You're free to choose your own restaurant for tonight's dinner on your own in Cannigione. Our guides are happy to recommend their favorites.

Meals: Breakfast / Lunch
Destinations: Palau, Maddalena, Caprera
Accomplished: 24 miles / 38 km, elevation gain: 1,902 feet / 580 meters
Accommodations: **Aethos Sardinia**

DAY 3

The Ancient Interior

This morning we head inland to explore the island's center—over the next few days, we'll see how Sardinia's interior is replete with natural beauty that's been respected and preserved for centuries. Our ride begins in a small mountain village, following a scenic ribbon of pavement that hugs mountainous bluffs and peers all the way to the sea. After a quick coffee in the little town of Lula, we'll keep cruising to lunch at a whitewashed restaurant that produces its own wine and truly sets the standard for celebrating regional cuisine. Afterward, it's just a few more miles to our next hotel—an incredible property devoted to upholding Sardinia's simple, old-world traditions. This evening, savor a delicious meal inspired by the rich culinary heritage of the Barbagia region at the hotel restaurant.

Meals: Breakfast / Lunch / Dinner
Destinations: Sant'Anna, Lula, Oliena
Accomplished: 38 miles / 62 km, elevation gain: 3,283 feet / 1,001 meters
Longer Option: 43 miles / 69 km, elevation gain: 3,355 feet / 1,023 meters
Accommodations: **Su Gologone**

DAY 4

The Painted Walls of Orgosolo

Today's ride visits Sardinia's up-and-coming wine region where local producers are crafting award-winning Cannonau. First, we'll ride through Orgosolo, a village that stands apart thanks to its ubiquitous murals: the public paintings first emerged in the 1960s and today they number well over 150. A local guide will take us on a different kind of gallery tour, strolling through this open-air museum and explaining the significance of standout murals. Continue cycling through the vineyards to lunch at one of Sardinia's emerging wineries, then choose to transfer or finish riding the loop back to Su Gologone. Tonight we'll step into another world as local shepherds prepare a meal of Sardinia's classic wood-fired fare in a rustic mountain hut.

Meals: Breakfast / Lunch / Dinner
Destinations: Orgosolo, Mamoiada, Oliena
Accomplished: 32 miles / 51 km, elevation gain: 4,061 feet / 1,238 meters
Longer Option: 43 miles / 70 km, elevation gain: 4,402 feet / 1,342 meters
Accommodations: **Su Gologone**

DAY 5

Supramonte to the Sea

We'll set off for the Supramonte mountain range and the most epic riding of our trip, full of staggering scenery on a 3% grade as the road climbs gently along the Goroppu Gorge. At the top of the Genna Silana pass (featured in the 2017 Giro d'Italia), we'll celebrate our feat of the week before enjoying the sweet reward: a 36-kilometer downhill to the coastal village of Santa Maria Navarrese. After lunch by the sea, we'll check into our hotel overlooking the Gulf of Orosei. Relax by the pool or take a swim at the private beach. Tonight we'll toast to a wonderful week at our final dinner.

Meals: Breakfast / Lunch / Dinner
Destinations: Dorgali, Baunei, Santa Maria Navarrese
Accomplished: 48 miles / 77 km, elevation gain: 4,438 feet / 1,353 meters
Shorter Option: 35 miles / 56 km, elevation gain: 3,050 feet / 930 meters
Accommodations: **Lanthia Resort**

DAY 6

A si bìri, Sardinia!

Wake up early to enjoy the peace and quiet in Santa Maria Navarrese. Your guides will transfer you back to the Olbia airport and see you off to your next destination.

Meals: Breakfast
Destinations: Santa Maria Navarrese, Olbia
