



## TOUR ITINERARY

RIDING  
LEVEL

3

Europe / Italy / Sardinia

# Sardinia Bike Tour

Italy's Wild Island: from Costa Smeralda to the Interior



## TOUR HIGHLIGHTS

- Ride an incredibly scenic road along the Goroppu Gorge and push yourself to conquer the Genna Silana Pass
- Taste Sardinia's culinary heritage in foods like *pane carasau*, flatbread baked fresh in a wood-fired oven
- Get to know the island's acclaimed red wine, Cannonau, during a tasting lunch with a local producer
- Discover Sardinia's distinct regions, whether stargazing at a luxury hotel nestled against the island's highest peak or exploring beachy Costa Smeralda by bike and boat





## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Olbia, Italy
- 📍 **Pick-Up Location:**  
Olbia Grand Hotel President or Cascioni Eco Retreat
- 🕒 **Pick-Up Time:**  
⌚ Olbia Grand Hotel President (9:00am),  
Cascioni Eco Retreat (9:30am)

### Departure Details

- ✈ **Airport City:**  
Olbia, Italy
- 📍 **Drop-Off Location:**  
Olbia Airport
- ⌚ **Drop-Off Time:**  
10:30 am

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

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### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).

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### Travelers Take Note

To show you all our favorite parts of Sardinia, this tour includes longer transfers on Day 3 (80 minutes) and Day 6 (2 hours and 20 minutes). We like to think of it as an opportunity to experience a greater breadth of scenery and cover as much ground as possible.



# TOUR ITINERARY

## Tour By Day

DAY  
1

### Welcome to Sardinia

Meet your guides in Olbia or at the first hotel where we'll get fitted to our bikes before our first ride. Warm up with a climb through the rugged granite landscape to the hilltop village of San Pantaleo. Pedal further inland to explore some prehistoric stone edifices called *nuraghe* before reaching our friend Max's hidden winery. Here, we'll have our first taste of Sardinia's flagship varietals, Vermentino and Cannonau, paired with local cheeses and a home-cooked lunch. After lunch, opt to transfer back to the hotel or challenge yourself with a final climb for big views of the cerulean sea to complete the full loop. Tonight's dinner sets the tone for the week: an intimate chef's welcome to *gallurese* cuisine featuring ingredients grown on the estate.

**Meals:** Lunch / Dinner

**Destinations:** San Pantaleo, Arzachena, Cannigione

**Accomplished:** 18 miles / 29 km, elevation gain: 1,765 feet / 538 meters

**Longer Option:** 26 miles / 42 km, elevation gain: 2,362 feet / 720 meters

**Accommodations:** [Cascioni Eco Retreat](#)

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DAY  
2

### La Maddalena

Pedal up the coast today and catch a short ferry to La Maddalena, part of the archipelago just off the main island. We'll bike in and out of hidden bays with views of the rugged coastline, then cross the causeway to Caprera, Maddalena's sister island. Caprera was the historic home of Giuseppe Garibaldi—one of modern Italy's most fascinating figures—so we'll spend some time learning about his life and legacy. This afternoon, board a private yacht and experience Costa Smeralda's glamour as we swim in secluded coves. After a simple and satisfying lunch on deck, we'll sail back to Cannigione. You're free to choose your own restaurant for dinner in San Pantaleo, and our guides are happy to recommend their favorites.

**Meals:** Breakfast / Lunch

**Destinations:** Palau, Maddalena, Caprera

**Accomplished:** 27 miles / 44 km, elevation gain: 1,850 feet / 564 meters

**Longer Option:** 33 miles / 54 km, elevation gain: 2,286 feet / 697 meters

**Accommodations:** [Cascioni Eco Retreat](#)

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## TOUR ITINERARY

DAY  
3

### The Ancient Interior

This morning we head inland to explore the island's center—over the next few days, we'll see how Sardinia's interior is replete with natural beauty that's been respected and preserved for centuries. Our ride begins in a small mountain village, following a scenic ribbon of pavement that hugs mountainous bluffs and peers all the way to the sea. After a quick coffee in the little town of Lula, we'll keep cruising to lunch at a whitewashed restaurant that produces its own wine and truly sets the standard for celebrating regional cuisine. Afterward, it's just a few more miles to our next hotel—an incredible property devoted to upholding Sardinia's simple, old-world traditions.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Sant'Anna, Lula, Oliena

**Accomplished:** 38 miles / 62 km, elevation gain: 3,283 feet / 1,001 meters

**Longer Option:** 43 miles / 69 km, elevation gain: 3,355 feet / 1,023 meters

**Accommodations:** [Su Gologone](#)

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DAY  
4

### Painted Walls of Orgosolo

Today's ride visits Sardinia's up-and-coming wine region where local producers are crafting award-winning Cannonau. First, we'll ride through Orgosolo, a village that stands apart thanks to its ubiquitous murals: the public paintings first emerged in the 1960s and today they number well over 150. A local guide will take us on a different kind of gallery tour, strolling through this open-air museum and explaining the significance of standout murals. Continue cycling through the vineyards to lunch at one of Sardinia's emerging wineries, then choose to transfer or finish riding the loop back to Su Gologone. Tonight, we'll taste Sardinia's classic wood-fired fare as we prepare dinner alongside a lovely local.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Orgosolo, Mamoiada, Oliena

**Accomplished:** 32 miles / 51 km, elevation gain: 4,061 feet / 1,238 meters

**Longer Option:** 43 miles / 70 km, elevation gain: 4,402 feet / 1,342 meters

**Accommodations:** [Su Gologone](#)

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## TOUR ITINERARY

DAY  
5

### Supramonte to the Sea

We'll set off for the Supramonte mountain range and the most epic riding of our trip, full of staggering scenery on a 3% grade as the road climbs gently along the Goroppu Gorge. At the top of the Genna Silana pass (featured in the 2017 Giro d'Italia), we'll celebrate our feat of the week before enjoying the sweet reward: a 36-kilometer downhill to the coastal village of Santa Maria Navarrese. Check in to our beachfront hotel, take a swim at the private beach, and toast to a wonderful week at our final dinner.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Dorgali, Baunei, Santa Maria Navarrese

**Accomplished:** 46 miles / 74 km, elevation gain: 4,146 feet / 1,264 meters

**Shorter Option:** 35 miles / 56 km, elevation gain: 2,811 feet / 857 meters

**Accommodations:** [Lanthia Resort](#)

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DAY  
6

### A si biri, Sardinia!

Wake up early to enjoy the peace and quiet in Santa Maria Navarrese. Your guides will transfer you back to the Olbia airport and see you off to your next destination.

**Meals:** Breakfast

**Destinations:** Santa Maria Navarrese, Olbia

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