Dolomites + Lake Garda Chef on Wheels Bike Tour

Food + Wine of the Italian Alps: Meet Local Chefs on their Bikes, Kitchens, and Pastures
TOUR HIGHLIGHTS

• Experience northern Italy alongside a local chef and enjoy insider access at restaurants, wineries, and farms
• Pedal in peace on a traffic-free network of local bike paths, crossing three regions from the Italian Alps to Lake Garda
• Cook dinner with local chef, Simone, at a small winery and then ride to his mountain village for lunch at his restaurant the next day
• Taste the authentic flavors of regional cuisine at three different Michelin-starred restaurants and meticulous family-run trattorias
• Discover sophisticated wines from DOC appellations—including the Amarone production at boutique Valpolicella wineries and beloved producer Elisabetta Foradori
**ARRIVAL + DEPARTURE**

**Arrival Details**
- **Airport City:** Milan or Venice, Italy
- **Pick-Up Location:** Brescia train station
- **Pick-Up Time:** 9:30 am

**Departure Details**
- **Airport City:** Milan or Venice, Italy
- **Drop-Off Location:** Porta Nuova train station, Verona
- **Drop-Off Time:** 12:00 pm

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

**Emergency Assistance**
For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or emergency@duvine.com.

**Travelers Take Note**
Accommodations on Day 2 are simple farmhouse lodgings in order to have a more intimate family-style evening with Chef Simone.
Tour By Day

**DAY 1  Garda Gormet**

Meet your guides in the city of Brescia for a transfer to the start of our ride. Get fitted on the bikes and enjoy a scenic warmup with views of the lake and lunch with a local chef friend. Then board a private boat for a cruise across the lake and a refreshing swim before getting back on our bikes to pedal to our 16th-century villa hotel in the heart of Bardolino. Taste the best vintages from this DOC wine region during dinner at the hotel's Michelin-starred restaurant.

**Meals:** Lunch / Dinner  
**Destinations:** Brescia, Gargnano, Bardolino  
**Accomplished:** 16 miles / 26 km, elevation gain: 712 feet / 217 meters  
**Longer Option:** 23 miles / 37 km, elevation gain: 1,696 feet / 517 meters  
**Accommodations:** Villa Cordevigo

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**DAY 2  Visiting with Friends**

Meet Simone, a local chef and cyclist, this morning as we ride to the town of Rivoli out along the Adige River Valley. Perhaps the Rue de Rivoli shopping street in Paris comes to mind—in fact, it was named for Napoleon’s 1797 victory over the Austrians that took place right here. It's not the only notable moment this valley endured: as the geographic link between Italy and northern Europe, it was a hotbed for invading armies and enterprising merchants. History is echoed in the fortifications that dot the valley, and we'll visit one such castle before continuing our ride to the town of Rovereto. Here our friend and Michelin-starred chef, Alfio Ghezzi, will welcome us into his restaurant and kitchen for a private lunch. Then ride or transfer to tonight's accommodations outside Trento. Join Chef Simone in the kitchen at this boutique farmhouse and winery as he shares the secrets of local ingredients and cuisine during a convivial evening of wine, cooking, and alpine hospitality.

**Meals:** Breakfast / Lunch / Dinner  
**Destinations:** Rivoli Veronese, Rovereto, Trento  
**Accomplished:** 37 miles / 59 km, elevation gain: 1,784 feet / 544 meters  
**Longer Option:** 61 miles / 98 km, elevation gain: 2,722 feet / 830 meters  
**Accommodations:** Cobei or Maso Grener
**TOUR ITINERARY**

### DAY 3

**Into the Mountains**

Today we transition from the vineyard-rich Adige Valley to the alpine gem of Campiglio, nestled in the Brenta Dolomites—a UNESCO World Heritage site and home of Italy’s largest glacier. Beginning from our hotel, we’ll pedal across the valley to visit our friend Elisabetta Foradori, a well-respected and iconic Italian winemaker. Afterwards, a classic mountain train takes us up to the Val di Non, passing apple orchards, castles, and mirrored mountain lakes en route to the beginning of a bike path. Ride through farming villages to lunch at Chef Simone’s restaurant, then opt for an extra climb all the way to our sustainably-minded hotel in Campiglio (or choose a transfer for some extra time at the spa). Tonight we are the special guests of Alessandro Nocella, an up-and-coming chef who has worked all over the world—including the three-Michelin-star Fat Duck in London—and has brought his talents back home.

**Meals:** Breakfast / Lunch / Dinner  
**Destinations:** Mezzolombardo, Dimaro, Madonna di Campiglio  
**Accomplished:** 20 miles / 32 km, elevation gain: 1,660 feet / 506 meters  
**Longer Option:** 31 miles / 50 km, elevation gain: 5,196 feet / 1,584 meters  
**Accommodations:** Chalet del Sogno

### DAY 4

**The Chef’s Backyard**

Trade the road bikes for mountain e-bikes as we set off to meet Daniel, a young local chef, and discover the alpine bounty above Campiglio. Visit the malga (mountain dairy) where Daniel sources his butter and cheese, then forage in the meadows and pastures for wild herbs and greens—we’ll put it all together for a picturesque mountain picnic. Spend the afternoon however you prefer: head back to the hotel for some downtime, enjoy some additional time on the mountain bike, or fit in a bit of hiking.

**Meals:** Breakfast / Lunch  
**Destinations:** Carlo Magno, Monte Spinale, Madonna di Campiglio  
**Accomplished:** 3-5 hours of e-mountain biking; hiking  
**Accommodations:** Chalet del Sogno
**The Kitchen Larder**

Say goodbye to Campiglio as we hop on a bike path in Pinzolo and pedal towards Lake Garda. These valleys are an abundant heartland of small farms that supply high-quality ingredients to top local restaurants. Continue to one of the most beautiful sections of the bike path above the Sarca River, which springs directly from the Italian Alps, then ride or transfer the final few kilometers to Riva. Check into our palatial hotel, located on private shores of Lake Garda, then take a swim or stroll around town. This evening, a private boat delivers us to a storied Michelin-starred restaurant where we’ll enjoy the sunset and a memorable final dinner.

**Meals:** Breakfast / Lunch / Dinner  
**Destinations:** Pinzolo, Stenico, Riva del Garda  
**Accomplished:** 28 miles / 45 km, elevation gain: 1,814 feet / 553 meters  
**Longer Option:** 54 miles / 87 km, elevation gain: 2,230 feet / 680 meters  
**Accommodations:** Lido Palace

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**Departure in Verona**

Take an early morning dip in Lake Garda or head into town for coffee before your guides transfer you to the Verona train station. *Buon viaggio* to wherever your journey may take you next!

**Meals:** Breakfast  
**Destinations:** Riva del Garda, Verona