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TOUR ITINERARY

RIDING LEVEL 2

United States / Hudson Valley, NY

Hudson Valley 4-Day Bike Tour

New York's Farm-to-Table Weekend Retreat

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TOUR HIGHLIGHTS

- Enjoy all three nights at Troutbeck, a stylish and historic country retreat in the heart of farm country on the New York-Connecticut border
- Bike over covered bridges, through sleepy towns, and into fertile farmland in a pastoral paradise that's surprisingly close to New York City
- At private visits and meals, sample farm-fresh produce with local producers and meet the chefs spearheading the region's farm-to-table renaissance in Dutchess County
- Taste artisanal whiskey and bourbon made from grains grown on the grounds of a boutique distillery









ARRIVAL + DEPARTURE

Arrival Details

- **Airport City**: New York City
- **Pick-Up Location**: Wassaic Train Station or Troutbeck
- **Pick-Up Time**: 10:15 am at Wassaic Station or 10:30 am at Troutbeck

Departure Details

- **Airport City**: New York City
- **Drop-Off Location**: Wassaic Train Station or Troutbeck
- **Drop-Off Time**: 4:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.



TOUR ITINERARY

Tour By Day

DAY 1 Welcome to Dutchess County

Take the train from New York City up to Wassaic or drive directly to Troutbeck, our home for the next three nights. The guest list of this historic country retreat reads like a roster of great American authors—including Twain, Thoreau, and Emerson—but feels appropriately modern, and succeeds at balancing a sense of place with all the creature comforts. We'll get fitted to our bikes then head out for a first ride into the New York countryside. Ride the rail trail to Millerton, a sleepy little town experiencing a hip revival that's earned it the nickname "Williamsburg on the Hudson," where we'll stop for lunch before biking back to Troutbeck through pastures and farm fields. Tonight we kick things off with a welcome cocktail followed by a farm-to-table dinner.

Meals: Lunch / Dinner
Destinations: Wassaic, Millerton
Accomplished: 24 miles / 38 km, elevation gain: 1,854 feet / 565 meters
Longer Option: 34 miles / 54 km, elevation gain: 2,446 feet / 745 meters
Accommodations: **Troutbeck**

DAY 2 Connecticut, Covered Bridges, and Home Cooking

This morning we pedal out of Troutbeck, across the Appalachian Trail, and into Connecticut's Housatonic River Valley. Follow the banks of the river to one of the state's three remaining covered bridges, built in 1842. From there, we'll slip back across the New York border, where our friend Sarah—an expert forager—welcomes us to her cabin in the woods. Enjoy a picnic lunch made with ingredients gathered from the surrounding area, then join her on a short foraging walk through the nearby forest. Our ride continues through the fertile farmlands of the Tenmile River Valley, passing quaint towns like Dover Plains and Wassaic, home to a bustling art community. Back at Troutbeck, enjoy the afternoon by the pool with time to relax before dinner at our favorite local eatery.

Meals: Breakfast / Lunch / Dinner
Destinations: Kent, Wingdale, Dover Plains
Accomplished: 22 miles / 35 km, elevation gain: 1,094 feet / 334 meters
Longer Option: 42 miles / 67 km, elevation gain: 2,250 feet / 686 meters
Accommodations: **Troutbeck**

DAY 3 Farm-to-Table, Field-to-Glass

Today we ride north, stopping at the best local coffee shop and roaster for a truly perfect cup. Fueled up, we'll pedal along the newest section of the Harlem Valley Rail Trail and through beautiful farm country. Lunch is fresh and hyper-local, relying on ingredients from farms in the area, followed by a visit to a nearby distillery. The Hudson Valley was once the breadbasket (and therefore also the "liquor basket") of the young nation, where hundreds of small distilleries transformed their crops into grain alcohol. The distillery shares how it revived this tradition during a tour and tasting of their whiskeys and bourbons. Ride or transfer back to the hotel, where tonight we'll toast at a private dinner on Troutbeck's estate.

Meals: Breakfast / Lunch / Dinner
Destinations: Boston Corner, Ancramdale, Shekomeko
Accomplished: 25 miles / 40 km, elevation gain: 1,171 feet / 357 meters
Longer Option: 48 miles / 78 km, elevation gain: 2,398 feet / 731 meters
Accommodations: **Troutbeck**

DAY 4 Rhinebeck

Pedal west today towards the Hudson river through the heart of horse country, with its magnificent pastures and estates. Our destination is the historic town of Rhinebeck, founded by Dutch settlers in the 17th century and home to the oldest hotel in the country. Enjoy a final lunch at a relaxed foodie restaurant before transferring back to Troutbeck to say "see you later" to the Hudson Valley. For those taking the train, your guides will bid you farewell at the Wassaic station.

Meals: Breakfast / Lunch
Destinations: Bangall, Stanfordville, Rhinebeck
Accomplished: 25 miles / 40 km, elevation gain: 1,540 feet / 470 meters
Longer Option: 35 miles / 56 km, elevation gain: 2,365 feet / 673 meters

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