



## TOUR ITINERARY

RIDING  
LEVEL

2

Europe / Italy / Dolomites

# Dolomites Bike + Adventure Tour

Alpine Luxury Amidst Wildflowers, Lakes, and Majestic Mountains



## TOUR HIGHLIGHTS

- Spend two luxurious nights in Cortina, host of the 2026 Winter Olympics and featured in the classic James Bond film, *For Your Eyes Only*
- Hike the panoramic ridgeline from Valparola to the Pralongia plateau on a trail encircled by towering peaks and carpeted in colorful wildflowers
- Explore the sobering and still-intact tunnels, trenches, and bunkers of WWI on the Passo Falzarego
- Dine in a secluded mountain chalet in Alta Badia as the sun sinks behind the Alps
- Pedal through vineyards, peaceful pastures, and picture-perfect mountain villages on car-free bike paths



## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Milan or Venice, Italy
- 📍 **Pick-Up Location:**  
Bolzano Train Station
- 🕒 **Pick-Up Time:**  
10:00 am

### Departure Details

- ✈ **Airport City:**  
Milan or Venice, Italy
- 📍 **Drop-Off Location:**  
Venice Mestre Train Station
- 🕒 **Drop-Off Time:**  
1:00 pm

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

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### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).

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### Travelers Take Note

Note that many hotels in the Dolomites rely on the cool mountain air, especially at higher altitudes, and may not offer air conditioning.

For the hikes on this tour, we strongly recommend bringing hiking boots or trail shoes with good traction (not running shoes or sneakers) and hiking poles. Moisture-wicking clothing or daypacks are also recommended, but not required.

## TOUR ITINERARY

### Tour By Day

DAY  
1

#### Gudon and Bressanone

Your guides will pick you up in Bolzano and transfer you to the starting point for our ride, high above the Isarco Valley. Cycle through mountain pastures with incredible views across the valley, where towns cling to hillsides dotted with narrow church steeples. Enjoy regional wine and local specialties for lunch in the village of Gudon at a historic tavern in the shadow of a medieval castle. After lunch, we'll pedal along the Isarco River to Bressanone, a vibrant city with an incredible medieval core. Transfer or challenge yourself with an extra ride up to our alpine design hotel where you'll have time to enjoy the pool or spa before dinner.

**Meals:** Lunch / Dinner

**Destinations:** San Pietro, Laion, Gudon, Bressanone

**Accomplished:** 18 miles / 29 km, elevation gain: 945 feet / 288 meters

**Longer Option:** 24 miles / 38 km, elevation gain: 2,772 feet / 845 meters

**Accommodations:** [My Arbor](#)

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DAY  
2

#### Abbey of Novacella and Val Pusteria

Say goodbye to Bressanone as we ride out of town along the Isarco River to the historic monastery of Novacella. Explore the grounds where monks have been making wine since 1142 before continuing our ride upstream. We will pass through the small towns of the Val Pusteria on our way to lunch at a mountain chalet. After lunch, opt to keep riding up the valley, or take a quick shuttle to our next luxury hotel in the alpine village of San Cassiano. Fill your lungs with mountain air and listen to a distant cowbell serenade as we settle into this fairytale landscape.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Abbey of Novacella, Chienes, San Cassiano or Ciasa Salares

**Accomplished:** 29 miles / 46 km, elevation gain: 2,903 feet / 885 meters

**Longer Option:** 38 miles / 62 km, elevation gain: 4,238 feet / 1,292 meters

**Accommodations:** [Hotel Fanes](#) or [Ciasa Salares](#)

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## TOUR ITINERARY

DAY  
3

### The Amphitheater of the Dolomites

Today we leave our bikes behind for a hike that will knock your socks off. Starting from a trailhead just outside of San Cassiano, our route takes us along a scenic mountain ridgeline, weaving in and out of larch forests and between jagged rock formations. We may even glimpse the curious resident marmots peering up from their burrows beneath blankets of wildflowers. Our trek culminates at the Pralongia Plateau, a high mountain meadow known as the “amphitheater of the Dolomites” for its panoramic views of the surrounding peaks. Savor lunch with a view before catching a cable car back to the hotel. This evening we’ll enjoy an incredible mountain dinner with a local farm family.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Valparola, Pralongia

**Accomplished:** 3-5 hours hiking

**Accommodations:** [Hotel Fanes](#) or [Ciasa Salares](#) or [Hotel de Len](#)

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DAY  
4

### Dobbiaco and Cortina

We’re back on the bikes this morning! Starting from the Passo Furcia, we’ll descend into the valley below as ski lifts give way to farmland. Pedal along the valley floor and explore the typical Tyrolean towns of Villabassa and Dobbiaco, known for its Baroque church. After lunch in Dobbiaco, we cross the linguistic border to enter Italian-speaking territory. From here, you may transfer or opt for a longer ride over a gradual mountain pass to Cortina—queen of Italian mountain resort towns—and our next boutique hotel. Tonight you are free to dine at the hotel or in town; your guides are happy to recommend the perfect restaurant.

**Meals:** Breakfast / Lunch

**Destinations:** Passo Furcia, Villabassa, Dobbiaco, Cortina

**Accomplished:** 21 miles / 34 km, elevation gain: 1,273 feet / 388 meters

**Longer Option:** 38 miles / 62 km, elevation gain: 2,319 feet / 707 meters

**Accommodations:** [Hotel de Len](#) or [Faloria Spa Resort](#)

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## TOUR ITINERARY

DAY  
5

### In the Footsteps of the Great War

From 1915 to 1918, the peaks above Cortina became the center of a desperate battle between the Italian and Austro-Hungarian armies. Our hike from Passo Falzarego leads us to the remaining tunnels, bunkers, and traces of this incredible history. The combination of natural beauty and historical interest makes for a fascinating excursion. At the top of the mountain, stop for lunch at a refuge well-known for its gourmet fare before continuing the loop back down to the road. In the afternoon, relax at the spa or explore Cortina before a final farmhouse dinner where the focus is on locally sourced and foraged ingredients.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Passo Falzarego, Lagazuoi

**Accomplished:** 4-5 hours hiking

**Accommodations:** [Hotel de Len](#) or [Falaria Spa Resort](#)

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DAY  
6

### Departure

This morning you can choose to relax at your hotel or take a final ride down the valley to Calalzo di Cadore. From Calalzo or the hotel, we will transfer you to Venice as you continue on to your next destination.

**Meals:** Breakfast

**Destinations:** San Vito, Borca di Cadore, Calalzo, Venice

**Optional Ride:** 22 miles / 36 km, elevation gain: 738 feet / 225 meters

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