



TOUR ITINERARY

RIDING
LEVEL

3

United States / Maui, HI

Maui Bike Tour

Cycling the Beaches, Farms, and Volcanoes of Hawaii's Valley Isle

TOUR HIGHLIGHTS

- Discover the island of Maui from north to south, riding iconic routes like the Road to Hana and Kahekili Highway
- Taste the fruits of Maui's thriving farm-to-table culinary scene while visiting local producers, harvesting your lunch at a local farm, and visiting the roadside stands that serve some of the most delicious hidden gems
- Take a day off the bike and ride the waves that make Maui a world-famous surf destination
- Learn about Hawaii's cultural history on a guided visit to a ruined village with ancient rock art



ARRIVAL + DEPARTURE

Arrival Details

- ✈ **Airport City:**
Kahului, Maui, Hawaii
- 📍 **Pick-Up Location:**
Kahului Maui Airport or Lumeria
- 🕒 **Pick-Up Time:**
8:45 or 9:30 am

Departure Details

- ✈ **Airport City:**
Kahului, Maui, Hawaii
- 📍 **Drop-Off Location:**
Kahului Maui airport
- 🕒 **Drop-Off Time:**
12:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or emergency@duvine.com.

Travelers Takes Note

For the hikes on this tour, we strongly recommend bringing hiking boots or trail shoes with good traction (not running shoes or sneakers). Moisture-wicking clothing or daypacks are also recommended, but not required.



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Tour By Day

DAY
1

Aloha, Maui!

After meeting your DuVine guides, jump right into a bike fitting while we sip on famous Hawaiian coffee. After a quick safety briefing, we set off out of Pai'a and ride up to the town of Makawao. Pause at a local bakery for some famous Hawaiian pastries before we continue pedaling along the slopes of Haleakalā, the island's most dominant feature and best-known attraction. Aside from its majesty, Haleakalā's volcanic soil has also nurtured the island's agriculture, resulting in a diversification of crops like tea, flowers, coffee, and chocolate. Climb to a fresh picnic lunch on the volcano before embarking on the downhill descent that sends us soaring to our hotel. Tonight we enjoy a private dinner hosted by our friend and local chef at a wide-open upcountry farm.

Destinations: Makawao, Kula, Pukalani

Accomplished: 26 miles / 42 km, elevation gain: 3,214 feet / 980 meters

Longer Option: 35 miles / 57 km, elevation gain: 4,690 feet / 1,430 meters

Accommodations: [Lumeria](#)

DAY
2

South Maui: A Step Back in Time

This morning we head to the sunny southern coast of Maui, where the climate is drier and the ocean views are incomparable. Gradually descend a blissfully traffic-free road to the coast, pedaling beside secluded bays until we reach a petroglyph site and village. Pause for a fantastic glimpse at ancient rock art, then transfer to a local farm for lunch. After a tour of the farm, we'll feast on plenty of exotic tropical fruit and produce grown right here. This afternoon, choose to finish the ride on the wild coastal road or hop in the van for a transfer to our oceanfront resort located on the Road to Hana.

Meals: Breakfast / Lunch / Dinner

Destinations: Keokea, Kaupo, Hana

Accomplished: 27 miles / 43 km, elevation gain: 1,676 feet / 511 meters

Longer Option: 43 miles / 69 km, elevation gain: 3,264 feet / 995 meters

Accommodations: [Hana-Maui Resort](#)

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DAY
3

Flex Day

How you spend today is entirely up to you! Go surfing and canoeing on some of Hawaii's most pristine beaches, followed by a traditional lunch. Take a hike to the top of a coastal ridge or keep collecting the miles on a ride through the jungle. And if you prefer, there's always the option to spend the whole day on the beach. Your flexibility extends into the evening, with the freedom to find whatever restaurant calls to you for dinner in or around Paia.

Meals: Breakfast / Lunch

Destinations: Hana

Accomplished: Optional hiking or cycling

Accommodations: [Hana-Maui Resort](#)

DAY
4

Road from Hana

Today we tackle Maui's most famous route: the Road to Hana. Unlike everyone else on the Hana Highway, we'll be riding in reverse—from Hana—to take advantage of the oceanside road and miss the tourist traffic. Curving along 40 miles of lush landscapes into Maui's North Shore, this road offers all the tropical trappings: from waterfalls and lava tubes to golden-sand beaches and guava groves. Midway through the ride, we'll visit a local chocolate producer and stop for a pick-me-up of incredible banana bread or a nutrient-dense smoothie. End the ride here if you wish, marveling at the whimsical rainbow eucalyptus, or challenge yourself and ride the remaining miles to Paia: we've cycled Maui's entire eastern half in just two days! A relaxing night at our next beachside hotel and a seafood feast is just the ticket after our mid-week triumph.

Meals: Breakfast / Lunch / Dinner

Destinations: Hana, Wailua, Paia

Accomplished: 34 miles / 55 km, elevation gain: 4,005 feet / 1,221 meters

Longer Option: 45 miles / 72 km, elevation gain: 4,868 feet / 1,484 meters

Accommodations: [The Inn at Mama's Fish House](#)

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DAY
5

West Maui

And we're off! On our last day of riding, take a quick transfer right to one of our favorite coastal roads: the Kahekili Highway, named for an 18th-century Hawaiian noble. Begin along this narrow ribbon of pavement as it jogs through the Edenic countryside of Maui's northern coastline and reveals a peaceful new bay around every bend in the road. At a roadside stand, we'll fuel up with super-fresh coconut water and homemade banana bread. For lunch, it's shrimp, poke bowls, and a view over the Pacific where all this fresh bounty was caught. As we head back to our hotel we may even catch glimpses of breaching humpback whales on our drive. Tonight we toast our accomplishments and bid farewell to this beautiful place at our hotel restaurant, a coveted island-dining destination.

Meals: Breakfast / Lunch / Dinner

Destinations: Waihee, Kahakuloa

Accomplished: 29 miles / 47 km, elevation gain: 4,412 feet / 1,345 meters

Longer Option: 41 miles / 66 km, elevation gain: 4,566 feet / 1,392 meters

Accommodations: [The Inn at Mama's Fish House](#)

DAY
6

A Hui Hou, Hawaii!

Enjoy one more relaxed morning on the island—you've earned it! Wake up with a swim or take a final sentimental stroll on the beach. Either way, we'll transfer you back to the Maui airport around midday and see you off to your next destination.

Meals: Breakfast

Destinations: Paia
