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TOUR ITINERARY

RIDING LEVEL 3

Europe / Italy / Piedmont

Piedmont Bike Tour

Barolo, Barbaresco, and Beyond in the Birthplace of Slow Food

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TOUR HIGHLIGHTS

- Ride through vineyard-clad hills to the renowned wine villages of La Morra and Barolo
- Meet our friend Michela for some oven-fired focaccia and a tasting of her little-known wines in the garden of her classic Piedmontese farmhouse
- Spend three luxurious nights at the stunning Relais San Maurizio—a former monastery converted into a stylish spa
- Pedal into the unexplored Alta Langa region, through a landscape dominated by *nocciole* (hazelnut trees) to a hazelnut-themed lunch at a family farm
- Learn about the Nebbiolo grape during a paired tasting lunch at a boutique Barbaresco winery
- Celebrate Piedmont's renowned culinary culture during a visit to a family of truffle hunters









ARRIVAL + DEPARTURE

Arrival Details

- **Airport City**: Milan, Italy
- **Pick-Up Location**: Tortona Train Station
- **Pick-Up Time**: 10:00 am

Departure Details

- **Airport City**: Milan or Turin, Italy
- **Drop-Off Location**: Asti Train Station
- **Drop-Off Time**: 11:30 am

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.



TOUR ITINERARY

Tour By Day

DAY 1

Exploring the Monferrato

Welcome to Piedmont! Your guides will meet you at the Tortona train station, then it's off to the countryside for a homemade lunch with our friend Michela at her historic family winery. Take in your first views of Piedmont's iconic vineyards before we hop on our bikes and ride along vine-clad ridges through this booming Barbera-producing region. Our destination is the converted monastery of San Maurizio, a luxurious Relais & Châteaux property with meticulously manicured grounds and unsurpassed views of Dolcetto and Moscato vineyards. Enjoy a glass of wine or relax by the pool before regrouping for dinner at their renowned *ristorante*.

Meals: Lunch / Dinner
Destinations: Alice Bel Colle, Rocchetta Palafea, Canelli
Accomplished: 23 miles / 37 km, elevation gain: 2,358 feet / 719 meters
Shorter Option: 17 miles / 27 km, elevation gain: 1,601 feet / 488 meters
Accommodations: **Relais San Maurizio**

DAY 2

Bucolic Barbaresco

Ride out of San Maurizio this morning and cross into the Nebbiolo-producing region of Barbaresco, where countless small, artisanal producers cultivate their grapes amidst these bucolic hills. Pedal into the village of Barbaresco to savor the simple pleasures of Italian life with a leisurely coffee on the piazza. Continue on to meet a small Barbaresco producer for an intimate luncheon and wine tasting set against a backdrop of breathtaking views at a lovingly-restored *cascina* (Piedmontese farmhouse). After lunch, challenge yourself with the ride back to the hotel or opt for a transfer for some extra pampering time at the spa. Tonight we'll visit our friend Cristina for a convivial evening of preparing local dishes that unlock the secrets of Piedmontese cuisine.

Meals: Breakfast / Lunch / Dinner
Destinations: Neive, Barbaresco, Treiso
Accomplished: 40 miles / 65 km, elevation gain: 3,952 feet / 1,205 meters
Shorter Option: 27 miles / 44 km, elevation gain: 2,860 feet / 872 meters
Accommodations: **Relais San Maurizio**

DAY 3 The Hazelnut Ride

Ride into the wildest parts of the Langhe today: impossibly narrow roads, crumbling medieval towers, and endless hazelnut trees line the route. The remote nature of the area made it a hotbed of Resistance activity during WWII and to this day, monuments to these partisan fighters punctuate the hilly landscape. Given the abundance of *nocciole* (hazelnuts) here, our ultimate destination today is our friend Isabella's hazelnut farm for a hazelnut-themed lunch of sweet and savory dishes. The ride back follows a ridgeline with some of the most spectacular vistas in the region. Tonight, we'll visit the Barbaresco-producing village of Neive for a chance to taste the full range of Nebbiolo wines at a hip new restaurant.

Meals: Breakfast / Lunch / Dinner
Destinations: Santo Stefano, Scorrone, Castino
Accomplished: 32 miles / 52 km, elevation gain: 3,293 feet / 1,004 meters
Shorter Option: 28 miles / 45 km, elevation gain: 2,640 feet / 805 meters
Accommodations: **Relais San Maurizio**

DAY 4 Truffles and Nebbiolo

Say goodbye to San Maurizio as we ride to the Barolo region. Our route follows the crest of the Langhe ridgeline with views towards the Apennines and the Alps. The hills here are lined with hazelnuts and vineyards, with prized Piedmontese truffles hidden below ground. Our friend Silvio—a seasoned truffle hunter—is a keeper of Piedmont's gourmet treasures, and we'll taste both newly-unearthed truffles and fresh eggs at his family farmhouse. After one more climb, our reward is a mouthwatering plate of *tajarin* pasta at our friend Massimo's hilltop *trattoria*. A final thrilling descent brings us to our hotel, a beautifully restored farmhouse on a historic Barolo estate. Settle in and spend some time relaxing by the pool. This evening you're free to choose a local restaurant for dinner on your own in Alba, Italy's gourmet capital.

Meals: Breakfast / Lunch
Destinations: Mango, Benevello, Serralunga d'Alba
Accomplished: 32 miles / 52 km, elevation gain: 3,310 feet / 1,009 meters
Shorter Option: 20 miles / 33 km, elevation gain: 2,788 feet / 850 meters
Accommodations: **Cascina Galarej**

DAY 5 Meet the Barolo Producer

We've saved some of the best scenery for last as today's ride takes us through the heart of the Barolo region, where rows of neatly tended vines march toward hill towns crowned with medieval castles. Count Cavour, the architect of modern Italy, called one of these castles home and we'll delve into this history along the way. Our route takes us through the villages of La Morra and Barolo, home to some of the most prized wine-growing terrain in the world. Of course, our destination is a winery, where we'll meet our friend—a local Barolo producer—and celebrate the end of the ride with a private lunch and ample pours of some recent vintages. This evening we'll enjoy a farewell dinner prepared by the estate's chef paired with world-class wines of the Langhe.

Meals: Breakfast / Lunch / Dinner
Destinations: Monforte d'Alba, Barolo, La Morra
Accomplished: 24 miles / 39 km, elevation gain: 2,493 feet / 760 meters
Longer Option: 36 miles / 58 km, elevation gain: 3,651 feet / 1,113 meters
Accommodations: **Cascina Galarej**

DAY 6 Off to Asti

Challenge yourself with an optional morning loop ride or take a stroll through the estate before enjoying one last breakfast. Your guides will then transfer you to the train station in Asti as you head on to your next destination.

Meals: Breakfast
