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TOUR ITINERARY

RIDING LEVEL 1

Europe / Italy / Puglia

Puglia Family Bike + Adventure Tour

A Beachside Haven Hidden in Italy's Heel

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TOUR HIGHLIGHTS

- Cycle along Italy's most stunning coastal road to the village of Tricase Porto for a lunch of fresh seafood and a dip in the sea
- Visit the garden with a local chef to gather ingredients for a hands-on cooking class
- Snorkel and kayak the glittering Mediterranean Sea in the picturesque environs of Otranto
- Pedal to Alberobello for lunch served in our friend Francesco's *trullo*—a UNESCO-listed conical stone dwelling unique to Puglia
- Spend two nights in a boutique resort in the heart of the verdant Valle d'Itria









ARRIVAL + DEPARTURE

Arrival Details

- **Airport City**: Bari or Brindisi, Italy
- **Pick-Up Location**: Lecce (Porta Napoli)
- **Pick-Up Time**: 11:00 am

Departure Details

- **Airport City**: Bari, Italy
- **Drop-Off Location**: Bari Airport
- **Drop-Off Time**: 9:30 am

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.

Younger Travelers

- This itinerary is designed for children ages 12–17+. The itinerary can be customized for your family's needs. For safety reasons, children must be at least 7 years old to ride their own bike.
- E-bikes are only available to ages 14 and older
- Trailers and tag-along bikes are available for younger children
- Safety triangles are provided to all children on tour

TOUR ITINERARY

Tour By Day

DAY 1 Welcome to Puglia

Our guides meet you in Lecce and transfer you to the enchanting seaport of Otranto where our adventure begins. After we cover the essentials at a safety talk and bike fitting, we'll set out for our first ride. As you pedal past endless olive groves, you'll quickly understand why Puglia is the biggest olive oil-producing region in Italy. After passing through a series of small towns, our ride leads us back to the coast. Swim to your heart's content in the bright, clear waters of the Adriatic Sea, then get settled into our elegant hotel which was once a monastery. Tonight we'll experience the famous local flavor during our first Pugliese dinner.

Meals: Lunch / Dinner
Destinations: Otranto, Minervino, Uggiano la Chiesa
Accomplished: 19 miles / 31 km, elevation gain: 771 feet / 235 meters
Shorter Option: 16 miles / 25 km, elevation gain: 597 feet / 182 meters
Accommodations: **Tenuta Centoporte**

DAY 2 Sea Coast, Sanctuaries, and Seafood

Today we ride on one of Europe's most stunning coastal roads punctuated by breathtaking views of cliffs, bays, and the endless sea. Pass through fishing villages like Porto Badisco and Santa Cesarea Terme before stopping for lunch at our friend's seaside restaurant. Dive into the Adriatic for a swim or opt to take a longer, more challenging ride to the lighthouse and sanctuary at the southeastern tip of Italy. This evening your guides will be happy to recommend their favorite local restaurants for a special family dinner.

Meals: Breakfast / Lunch
Destinations: Porto Badisco, Santa Cesarea Terme, Castro, Tricase Porto
Accomplished: 20 miles / 32 km, elevation gain: 846 feet / 258 meters
Longer Option: 32 miles / 51 km, elevation gain: 2,034 feet / 620 meters
Accommodations: **Tenuta Centoporte**

DAY 3 Exploring the Sea

Trade your pedals for a paddle on today's kayaking adventure. We begin near Otranto, exploring the rocky coastline dotted with sea caves and snorkeling in the crystal-clear waters. Work up an appetite and savor freshly pulled local mozzarella at lunch, then transfer north to the Val d'Itria to check into our final hotel. The design of the property is anchored by its restored *trulli*, the conical stone structures unique to Puglia. Meet the chef this evening for an immersive cooking class, highlighting the flavors of Southern Italy. Later, throw off your aprons and sample the fruits of your labor while dining al fresco on the stunning grounds.

Meals: Breakfast / Lunch / Dinner
Destinations: Otranto
Accomplished: Kayaking; snorkeling
Accommodations: **Borgo Canonica**

DAY 4 Locorotondo and Alberobello

Back on our bikes, we ride through the whitewashed Itria Valley on quiet country lanes to the village of Locorotondo. The picturesque, narrow streets are a real-life labyrinth that lends themselves to our signature high-speed scavenger hunt. Then continue riding to Alberobello where we'll meet our friend Francesco to learn about the *trulli.* We'll savor a home-made lunch cooked by his mother and served in their private garden. After lunch opt to head straight back to the hotel to enjoy the pool or challenge yourself with a longer ride. This evening say farewell with a final dinner at a cosy trattoria that is one the area's best-kept secrets.

Meals: Breakfast / Lunch / Dinner
Destinations: Alberobello, Locorotondo
Accomplished: 13 miles / 21 km, elevation gain: 886 feet / 270 meters
Longer Option: 27 miles / 43 km, elevation gain: 1,624 feet / 495 meters
Accommodations: **Borgo Canonica**

DAY 5

Goodbye to Puglia

After breakfast, use your last morning in Puglia for a leisurely stroll on the grounds or a morning swim. Your guides will then transfer you to the Bari Airport as you head to your next destination.

Meals: Breakfast
