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TOUR ITINERARY

RIDING LEVEL 3

Europe / Italy / Tuscany

# Super Tuscany Bike Tour

## An Expression of Italian Life at Its Finest

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# TOUR HIGHLIGHTS

- Stay in one esteemed hotel after another, from a converted castle to an immaculate private estate with its own Brunello winery
- Ride into the beloved Tuscan hilltowns of San Gimignano, Siena, and Montalcino
- Learn the family recipes that have been handed down over generations as you cook with our friend Lina at her 15th-century home
- Pedal through UNESCO-recognized landscapes of wheat fields where scenes from *Gladiator* were famously filmed
- Savor true Tuscan hospitality during a home-cooked lunch at our friends' olive oil mill









# ARRIVAL + DEPARTURE

## Arrival Details

- **Airport City**:
  Rome or Florence, Italy
- **Pick-Up Location**:
  Florence Westin Hotel
- **Pick-Up Time**:
  10:30 am

## Departure Details

- **Airport City**:
  Rome or Florence, Italy
- **Drop-Off Location**:
  Chiusi Chianciano Train station
- **Drop-Off Time**:
  10:30 am

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

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## Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.



# TOUR ITINERARY

## Tour By Day

### DAY 1 Welcome to Tuscany

After a private transfer from Florence to your first hotel, your guides will greet you with a light lunch at this private castle. Then we'll set out on our first ride through the surrounding countryside, with stunning vistas over fields of wheat, sunflowers, and dense oak forests. No ride here is complete without the customary coffee break at a local café, and we will honor this tradition with a stop in the medieval hill town of Casole. Back at the hotel we'll sample the local wines before our first gourmet dinner prepared by the castle's chef.

**Meals**: Lunch / Dinner
**Destinations**: Casole d'Elsa
**Accomplished**: 21 miles / 34 km, elevation gain: 1,765 feet / 538 meters
**Accommodations:** **Castello di Casole**

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### DAY 2 San Gimignano

Wake up to a frothy cappuccino and delectable breakfast before setting out on a ride over the open ridges to San Gimignano. Explore the bustling streets of this famous hill town and climb the tallest remaining medieval tower for one of Tuscany's most astonishing views. We'll enjoy lunch at a charming local restaurant, and after you can opt to cycle home or take the van for some relaxation at the hotel. Dinner tonight is a true culinary experience featuring refined Tuscan cuisine at a Michelin-starred restaurant, Arnolfo, in nearby Colle Val d'Elsa.

**Meals**: Breakfast / Lunch / Dinner
**Destinations**: San Gimignano, Colle Val d'Elsa, San Donato
**Accomplished**: 23 miles / 37 km, elevation gain: 2,211 feet / 674 meters
**Longer Option:** 46 miles / 74 km, elevation gain: 4,474 feet / 1,364 meters
**Accommodations:** **Castello di Casole**

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# TOUR ITINERARY

DAY 3

## From Casole to Siena

Say goodbye to the wilds of Casole as we pedal through the forested hills and onto the refined city of Siena. This storied city is like an open-air museum of Gothic architecture, home to prosperous citizens fiercely proud of their traditions like the Palio, a thrilling bareback horse race held in the main piazza. Explore the city and enjoy lunch in the medieval environs of our favorite local restaurant. In the afternoon you can once again opt for an early transfer to our hotel or cycle there through the wheat-covered hills south of Siena. We will spend the next three nights at Massimo Ferragamo's incredible Castiglion del Bosco hotel. Tonight you can choose to dine here or in the nearby village.

**Meals**: Breakfast / Lunch
**Destinations**: Siena, Ville di Corsano, Bibbiano
**Accomplished**: 40 miles / 65 km, elevation gain: 3,795 feet / 1,157 meters
**Shorter Option:** 20 miles / 32 km, elevation gain: 1,745 feet / 532 meters
**Accommodations:** **Castiglion del Bosco**

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DAY 4

## The Crete Senesi

Wake up to the absolute peace of your tranquil Tuscan villa. Pedal through walled Buonconvento on the way to the Abbey of Monte Oliveto to take in its unique Renaissance fresco. From here the landscape opens up as we ride along the bare ridges of the Crete Senesi, one of the most photographed roads in the world. Lunch is a family affair prepared by our friends Mariella and Paolo at their farmhouse and olive mill outside Castelmuzio. More panoramic views await us on the ride home as well as an optional challenging climb up to the wine-producing village of Montalcino. We'll all return to Montalcino this evening for a special cooking class and dinner in the 15th-century home of our dear friend Lina.

**Meals**: Breakfast / Lunch/ Dinner
**Destinations**: Buonconvento, Trequanda, Montisi, Montalcino
**Accomplished**: 33 miles / 54 km, elevation gain: 2,654 feet / 809 meters
**Longer Option:** 48 miles / 77 km, elevation gain: 3,759 feet / 1,146 meters
**Accommodations:** **Castiglion del Bosco**

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## DAY 5 Val d'Orcia

Ride this morning from Montalcino and through Italy's top Brunello vineyards. Stop for a coffee in the medieval heart of San Quirico before heading into the scenic Val d'Orcia, where the iconic wheat field scenes from *Gladiator* were filmed. Then we'll ride along the shoulder of Mount Amiata, Tuscany's towering dormant volcano to lunch and a tasting at our favorite Brunello winery. Stop to take a picture of the beautiful Romanesque Abbey of Sant'Antimo as we pedal back to Montalcino. Our final dinner tonight is at the hotel as we raise a toast to this paradise known as Tuscany.

**Meals**: Breakfast / Lunch / Dinner
**Destinations**: Montalcino, San Quirico, Sant'Antimo
**Accomplished**: 31 miles / 50 km, elevation gain: 3,542 feet / 1,080 meters
**Shorter Option**: 26 miles / 42 km, elevation gain: 2,713 feet / 827 meters
**Accommodations:** **Castiglion del Bosco**

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## DAY 6 Ciao to Tuscany

Say goodbye to Tuscany any way you see fit. Sleep in, stroll around the grounds, or opt for a final early morning ride. Later in the morning, your guides will see you off at the Chiusi Chianciano train station.

**Meals**: Breakfast

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