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TOUR ITINERARY

RIDING LEVEL 3

Europe / Italy / Tuscany

Tuscany By the Sea Bike Tour

The Etruscan Coast + Maremma: Bolgheri to Elba Island

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TOUR HIGHLIGHTS

- Discover a lesser-known part of Tuscany between the Livorno hills and Etruscan Coast, riding through sleepy yet stunning villages like Montecatini, Sassetta, and Suvereto
- Uncork beautiful bottles of Sassicaia and other renowned Super Tuscan wines during a tasting dinner at the Enoteca San Guido
- Go straight from bike to sand to sea: spend three nights on the beachfront of Elba island's exclusive Biodola Bay
- Cycle around the western side of Elba on the Giro Dell'Isola—Tuscany's premier coastal ride
- Let local restaurateurs, family farms, and chefs open the door to local life and reveal the importance of culinary culture









ARRIVAL + DEPARTURE

Arrival Details

- **Airport City**:
  Rome, Pisa, or Florence, Italy
- **Pick-Up Location**:
  Pisa Centrale Train Station
- **Pick-Up Time**:
  9:00 am

Departure Details

- **Airport City**:
  Rome, Pisa, or Florence, Italy
- **Drop-Off Location**:
  Campiglia Marittima Train Station
- **Drop-Off Time**:
  1:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.



Tour By Day

DAY 1

Pisa and Montecatini

Meet your guides at the Pisa Centrale train station for a short transfer to the perched village of Montecatini Val di Cecina. Before we even hit the road, there are unbelievable views across the Cecina Valley—and after a bike fitting and safety briefing, we'll ride out into the Tuscan countryside to chase them. Our route moves through pastures and forests, culminating in a climb that reaches a series of hill towns on the last ridge between us and the sea. Hilltop villages are common in this area along the Tuscan coast—known as the Maremma—and were originally designed to defend against pirates. In one such town, meet our friends Sara and Simone at their restaurant for a seasonal lunch with sea views. After, pedal into the Bolgheri wine region and check in at our lovely little relais at the heart of a working farm. We kick off our first dinner together the only way we know how: by uncorking a few of the Super Tuscans that make this part of Italy a standout in the wine world.

Meals: Lunch / Dinner
Destinations: Montecatini Val di Cecina, Guardistallo, Bibbona
Accomplished: 22 miles / 35 km, elevation gain: 1,486 feet / 453 meters
Longer Option: 27 miles / 44 km, elevation gain: 1,961 feet / 598 meters
Accommodations:**Relais Sant'Elena**

DAY 2

The Bolgheri Loop

After breakfast on the hotel terrace, begin a loop ride that covers the full spectrum of local scenery. First, it's tiny mountain hamlets like Canneto and Monteverdi, where we'll stop for coffee with the locals. Densely forested valleys follow, eventually giving way to olive groves and vineyards of the coastal plain. Notably, we'll pass through the hilltop town of Castagneto Carducci—renamed for Italy's first Nobel Prizewinner in literature, Giosue Carducci, who spent his childhood here. A Mediterranean-style lunch is served at our friend's farmhouse, followed by the remainder of the ride back into Bolgheri and ending at our hotel. Tonight we fill our cups with even more Tuscan wine at the Tenuta San Guido estate, where dinner is paired with their exceptional Sassicaia and other top vintages.

Meals: Breakfast / Lunch / Dinner
Destinations: Monteverdi, Castagneto Carducci, Bolgheri
Accomplished: 31 miles / 50 km, elevation gain: 2,116 feet / 645 meters
Longer Option: 41 miles / 66 km, elevation gain: 2,768 feet / 844 meters
Accommodations: **Relais Sant'Elena**

TOUR ITINERARY

DAY 3

Suvereto and the Sea

The *relais* has been good to us, but it's time head for the hills behind Castagneto Carducci. Today's ride kicks off with a climb into the picturesque town of Sassetta, characterized by its chestnut stands and quarries of famous red marble. The highlight of the day is the glorious stretch of road between Sassetta and Suvereto, lined wth wildflowers, cypress, and stone pines beneath the wide-open sky. Stop at a family farm for a picnic lunch featuring estate-grown wine and olive oil. From here, ride to a tiny port where we'll catch a private boat out to our final luxurious hotel on the island of Elba. Take a swim, relax on the private beach and settle in to watch the sun set over the bay. Later we'll gather for dinner at the hotel's chic waterfront bistro.

Meals: Breakfast / Lunch / Dinner
Destinations: Sassetta, Suvereto, Campiglia Marittima
Accomplished: 29 miles / 46 km, elevation gain: 2,116 feet / 546 meters
Longer Option: 39 miles / 63 km, elevation gain: 2,726 feet / 831 meters
Accommodations:**Baia Bianca**

DAY 4

Able Was I Ere I Saw Elba

Many know Elba as the place synonymous with Napoleon's white-collar exile, immortalized in the palindrome "able was I ere I saw Elba." Emperor or not, Elba is hardly a hostile place to land, with its lush and scrubby peaks, powdery sand beaches, and inviting azure water. This morning we start our ride from Porto Azzurro, where pretty pastel houses cluster around a tiny harbor. Pedal to the eastern tip of the island for a traffic-free climb up Monte Strega, then take in stunning views of the craggy coastline below as we descend back down, riding through a series of isolated bays. Lunch by the sea awaits in the quaint village of Magazzini. The rest of the day is yours to spend as you wish: visit Napoleon's villa, tour any of the island's historic fortresses, sprawl on the sand, or hit the spa. Come dinnertime, you're free to dine on your own in one of Biodola's many beachy restaurants.

Meals: Breakfast / Lunch
Destinations: Porto Azzurro, Cavo, Nisporto
Accomplished: 27 miles / 43 km, elevation gain: 2,965 feet / 904 meters
Longer Option: 34 miles / 55 km, elevation gain: 3,628 feet / 1,106 meters
Accommodations: **Baia Bianca**

DAY 5 Giro Dell'Isola

We've saved the best for last: on our final day, we'll complete Elba's epic Giro dell'Isola—a circuit of the island entirely on panoramic coastal roads. Hug the cliffside as you drink in non-stop views until we come upon the port of Marciana Marina, peppered with terracotta-topped buildings. Challenge yourself with the climb into upper Marciana, then start smiling ear-to-ear as we curve along the other side of the island on scenic bends above Chiessi and round the Costa del Sole into Marina di Campo. A well-earned plate of seafood pasta is waiting for us, and it tastes almost as good as our triumphant ride. It's a straight shot through the interior back to our hotel. Regroup for a celebratory farewell dinner this evening as the trip comes to a close on our quiet little bay.

Meals: Breakfast / Lunch / Dinner
Destinations: Marciana Marina, Pomonte, Campo di Marina
Accomplished: 38 miles / 56 km, elevation gain: 3,713 feet / 1,132 meters
Shorter Option: 29 miles / 47 km, elevation gain: 3,021 feet / 921 meters
Accommodations: **Baia Bianca**

DAY 6 Farewell to Elba

Sleep in before a final dip in the sea or walk along the coast. If you're flying back to the mainland, we'll drop you off at the Marina di Campo airport. Otherwise, we'll head to Portoferraio, Elba's main town, for a ferry back to Piombino. We then say our goodbyes at the Campiglia Marittima train station, where you can catch a train to Rome, Pisa, or Florence as you make your way to your next destination.

Meals: Breakfast
Destinations: Portoferraio, Piombino
