



## TOUR ITINERARY

Europe / Italy / Veneto

RIDING  
LEVEL

1

# Verona Family Bike + Adventure Tour

Lake Garda and the Land of the Italian Fairytale



## TOUR HIGHLIGHTS

- Hand-craft fresh pasta during an evening of Italian hospitality with our friend and chef, Serena
- Dive into pristine mountain waterfalls on a canyoning adventure in the Ledro Valley
- Learn the Italian form of mild mountaineering known as *via ferrata*
- Swim or sun on the shores of Italy's largest lake
- Pedal through centuries of Italian history as we ride to the Renaissance city of Mantova and the Napoleonic battlefield of Rivoli



## ARRIVAL + DEPARTURE

### Arrival Details

- ✈ **Airport City:**  
Milan or Venice, Italy
- 📍 **Pick-Up Location:**  
Porta Nuova Train Station in Verona
- 🕒 **Pick-Up Time:**  
9:30 am

### Departure Details

- ✈ **Airport City:**  
Milan or Venice, Italy
- 📍 **Drop-Off Location:**  
Porta Nuova Train Station in Verona
- 🕒 **Drop-Off Time:**  
11:30 am

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

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### Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or [emergency@duvine.com](mailto:emergency@duvine.com).

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### Travelers Take Note

For the hikes on this tour, we strongly recommend bringing hiking boots or trail shoes with good traction (not running shoes or sneakers). Moisture-wicking clothing or daypacks are also recommended, but not required. For the *via ferrata* activity, participants must be at least 8 years old and cannot weigh more than 260 pounds. For the canyoning activity, participants must weigh between 88 and 260 pounds and be able to swim.

#### Younger Travelers

- This itinerary is designed with children age 9 and older in mind. The itinerary can be customized for your family's needs. For safety reasons, children must be at least 7 years old to ride their own bike.
- E-bikes are only available to ages 14 and older
- Trailers and tag-along bikes are available for younger children
- Safety triangles are provided to all children on tour

# TOUR ITINERARY

## Tour By Day

DAY  
1

### Welcome to the Veneto

Your guides will meet you in Verona, and the adventure begins. After a bike fitting and safety briefing we're off to Borghetto, a fairytale village on the banks of the Mincio River. Enjoy lunch *al fresco* then explore Borghetto's boutiques and footbridges. Afterwards, opt for a longer ride to the lakeside hamlet of Castellaro—listed as one of Italy's *Borghi piu Belli* (most beautiful villages)—or cycle straight to our hotel to relax by the pool. Tonight, we'll taste the Veneto's best pumpkin *tortelli*—the hand-stuffed pasta that's a regional specialty—on the riverside terrace of our favorite local restaurant.

**Meals:** Lunch / Dinner

**Destinations:** Borghetto sul Mincio, Castellaro Lagusello

**Accomplished:** 17 miles / 28 km, elevation gain: 892 feet / 272 meters

**Longer Option:** 29 miles / 47 km, elevation gain: 1,594 feet / 486 meters

**Accommodations:** [Corte Guastalla](#)

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DAY  
2

### Renaissance Mantua

Breakfast awaits as you wake to the peace and quiet of the Veronese countryside. Today, we follow the winding course of the river through this famously fertile land to reach Mantua, home to one of Italy's greatest concentrations of Renaissance art. Explore the Renaissance architecture of the town before enjoying lunch at our favorite *osteria* off the main square. After lunch, opt to complete the ride back to the hotel or take a lift in the van. Tonight, our chef friend Serena will show us true Italian hospitality as we make pasta and share laughter at a cooking class that feels more like a dinner party.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Mantua, Goito, Falzoni

**Accomplished:** 27 miles / 44 km, elevation gain: 492 feet / 150 meters

**Longer Option:** 53 miles / 85 km, elevation gain: 1,256 feet / 383 meters

**Accommodations:** [Corte Guastalla](#)

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## TOUR ITINERARY

DAY  
3

### Along the Adige

Our day begins with a transfer to the tiny village of Rivoli, where Napoleon wrenched victory from the jaws of defeat in a 1797 clash against the Austrians. Stretching from the Alps to Venice, the Adige Valley has long been a key corridor for armies, merchants and pilgrims, leaving its towns dotted with castles, palaces and layers of history. Today, a beautiful bike path winds along the river, allowing us to enjoy a traffic-free route all the way to the lakeside town of Riva del Garda. Spend the afternoon relaxing on Lake Garda's sunny shores and swimming in the clear waters of Italy's largest lake. Tonight, you're free to explore Riva's restaurant scene—your guides will be happy to recommend some of their favorite places for a special family dinner.

**Meals:** Breakfast / Lunch

**Destinations:** Rivoli, Mori, Riva del Garda

**Accomplished:** 25 miles / 40 km, elevation gain: 1,030 feet / 314 meters

**Longer Option:** 37 miles / 59 km, elevation gain: 1,679 feet / 512 meters

**Accommodations:** [Hotel du Lac et du Parc](#)

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DAY  
4

### Via Ferrata

Today we'll venture into the mountains north of Lake Garda to try our hand at *via ferrata*. This form of Italian mountaineering combines hiking and rock climbing and can be adapted for all levels of explorers. Take an optional ride around the clear waters of Lake Cavedine and cool off with a dip in the river or dare to dive in from the old Roman bridge. This evening, we'll head to our favorite pizzeria in Riva del Garda for Neapolitan-style pizza on the cobbled streets of the old town.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Lake Garda, Tenno, Arco

**Accomplished:** 3 hours mountaineering and hiking with optional biking and swimming

**Accommodations:** [Hotel du Lac et du Parc](#)

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## TOUR ITINERARY

DAY  
5

### Canyoning and the Ponale Road

This morning, a short transfer brings us to a dramatic mountain gorge, where we'll suit up for a canyoning adventure. Amid smooth stone walls and tumbling cascades, we'll descend into this natural playground, rappelling down waterfalls and plunging into deep mountain pools. Afterwards, swap wetsuits for mountain bikes and pedal back down to Lake Garda, following the Old Ponale Road, one of Italy's most spectacular bike routes. Carved into the cliffs in the 1800's, the trail is only open to pedestrians and cyclists and offers some of the most stunning vistas of the lake. Back in Riva del Garda, spend your final afternoon relaxing by the pool or lake. This evening, we'll visit a mountainside farmhouse that produces its own olive oil, vegetables, fruit, and meats for a truly remarkable dinner.

**Meals:** Breakfast / Lunch / Dinner

**Destinations:** Passo Ampolla, Lago di Ledro

**Accomplished:** 3 hour canyoning trip

**Optional Ride:** 16 miles / 25 km, elevation gain: 1,351 feet / 412 meters

**Accommodations:** [Hotel du Lac et du Parc](#)

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DAY  
6

### Goodbye to Verona

After a relaxing breakfast at the hotel (and maybe one last dip in the lake!), transfer to the Verona train station and bid farewell to your guides as you head to your next destination.

**Meals:** Breakfast

**Destinations:** Verona

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