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# TOUR ITINERARY



United States / Zion, UT

# Zion National Park Bike + Adventure Tour

Bryce Canyon and American Southwest Splendor

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## TOUR HIGHLIGHTS

- Explore the soaring sandstone cliffs of Zion National Park by bike and on foot
- Visit Snow Canyon State Park with its lesser-known landscape of ancient lava flows and petrified sand dunes
- Descend on foot into a valley of otherworldly hoodoo formations in Bryce Canyon National Park
- Glean indigenous wisdom during a fireside visit with a member of the Paiute tribe
- Ride on the smoothly paved Red Canyon Bicycle Trail in Bryce Canyon National Park







### **Arrival Details**

#### 🔔 Airport City:

- St. George, Utah or Las Vegas, Nevada Pick-Up Location:
- St. George Airport or Inn at Entrada Pick-Up Time:
- 9:00 am MST (Please note, this is 8:00 am PST for those flying into Las Vegas)

### **Departure Details**

#### Airport City:

Las Vegas, Nevada or St. George, Utah

**Drop-Off Location**: St. George, UT

#### Drop-Off Time:

 I1:30 am MST (Please note, this is 10:30 am PST for those flying out of Las Vegas)

**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

### **Emergency** Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.

### **Travelers Take Note**

For training purposes and altitude sensitivity, note that the elevation on this tour can reach up to 8,000 feet (2,438 meters) above sea level.

The lodges and hotels on this tour are simpler and more rustic than typical DuVine accommodations, but were chosen for their location near national parks and access to excellent riding. Your guides will provide pre-walk briefings and directions.

To show you all our favorite parts of the Southwest, this tour includes longer transfers. We like to think of it as an opportunity to experience a greater breadth of scenery and cover as much ground as possible. In Zion National Park, the official park shuttle service must be used in order to access the Narrows hike. All shuttles are on a first-come, first-served basis and some wait time should be expected. The Narrows hike requires wading through running water. We highly recommend participating, but you may first wish to review **NPS information** about what to expect.

A very limited number of e-bikes are available on this tour. Requests will be accommodated on a first-come, first-served basis.

For the hikes on this tour, we strongly recommend bringing hiking boots or trail shoes with good traction (not running shoes or sneakers). Moisture-wicking clothing or daypacks are also recommended, but not required.



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### **Tour By Day**

PRE-TOUR

# St. George Pre-Night (Optional)

Make your own way from Las Vegas to St. George where you will spend a night at the Inn at Entrada, a resort offering a multitude of activities. Your guides will meet you at the Inn tomorrow morning as your cycling adventure beings.

Inclusions: Hotel Accommodations: Inn at Entrada Price per person in double occupancy: \$260 Price in single occupancy: \$520



# Welcome to the Southwest!

Your guides will meet you in St. George and transfer you to our first hotel for a warm welcome to the Southwest. Following a bike fitting and safety talk, we set off to Snow Canyon, a lesserknown state park that boasts perfectly paved roads and pristine views of the surrounding purplered mountains. Hop off the bike to explore canyons carved from red and white Navajo sandstone and fascinating lava tubes and flows before finishing our loop. We'll share our first dinner together as the sun sets over the Navajo sandstone cliffs.

Meals: Lunch / Dinner Destinations: St. George, Snow Canyon Accomplished: 30 miles / 48 km, elevation gain: 2,065 feet / 629 meters Longer Option: 44 miles / 70 km, elevation gain: 2,882 feet / 878 meters Accommodations: Inn at Entrada

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# Now Entering Bryce Canyon

Early this morning, we'll take a two-hour shuttle to Bryce Canyon National Park. Just outside of Bryce, we'll begin riding on the beautiful Red Canyon bike path that leads into the park. Pause at Sunrise Point for a picnic lunch with a side of gorgeous Bryce Canyon vistas. Afterwards, get in some extra riding with a challenging climb to Rainbow Point or hike along the Rim Trail to Inspiration Point. Tonight, we'll dine together beneath the Southwest stars with Daniel, who joins us from the Kaibab Band of the Paiute tribe to share indigenous stories and wisdom, before we bed down at our elevated safari-style camp.

#### Meals: Breakfast / Lunch / Dinner

**Destinations**: Cedar Breaks, Red Canyon, Bryce Canyon, Sunset Point **Accomplished**: 15 miles / 24 km, elevation gain: 1,006 feet / 307 meters **Longer Option:** 33 miles / 53 km, elevation gain: 2,598 feet / 792 meters **Accommodations**: **Under Canvas Bryce Canyon** 

#### DAY 3

# Early Jurassic Rocks and Relics

This morning we'll explore the hoodoos of Bryce Canyon as they were meant to be experienced: on foot. The classic Queens Garden and Navajo loop leads us into the valley to get up close and personal with these staggering rock spires. After our hike, shuttle just over an hour across the plains toward Zion where one of the best restaurants in the region will serve us a lunch of local bison burgers. Later, it's back to the bike for an epic ride that winds into Zion's Checkerboard Mesa. We'll pedal through Navajo Sandstone, a stunning formation built by nature over millions of years. When we hit the Zion-Mount Carmel tunnel, we'll pack up the bikes and shuttle straight to our hotel, just outside the park entrance. Your guides can offer excellent suggestions for this evening's dinner on your own in town.

#### Meals: Breakfast / Lunch

Destinations: Queens Garden and Navajo Loop, Checkerboard Mesa
Accomplished: 16 miles / 25 km, elevation gain: 279 feet / 85 meters; 3 miles / 5 km hiking
Longer Option: 33 miles / 53 km, elevation gain: 2,598 feet / 792 meters
Accommodations: Desert Pearl Inn

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# <sup>DAY</sup><sub>4</sub> Into Zion Valley

After breakfast, spend the morning exploring Zion National Park on foot. Your guides will review the day's options: you may wish to hike the Narrows slot canyon and wade up the Virgin River where waters are sometimes waist-high, or take a less technical trail that rises above Zion Valley. Whatever you choose, we'll reconvene for lunch in Springdale. After, rest your legs at the hotel, go for another hike, or cycle the Floor of the Valley Road: a virtually car-free artery that runs through the parks' majestic cliffs with 360-degree views of the valley's stunning breadth. This evening we meet at our favorite Springdale haunt and relive the day over dinner.

Meals: Breakfast / Lunch / Dinner Destinations: Zion National Park, Floor of the Valley Road Accomplished: 18 miles / 29 km, elevation gain: 820 feet / 250 meters; hiking Longer Option: 23 miles / 63 km, elevation gain: 2,027 feet / 618 meters Accommodations: Desert Pearl Inn

#### DAY 5

# **Final Morning in Zion**

On our final morning, we'll head out of Springdale and ride south towards Grafton. This pioneer ghost town was established right outside Zion National Park in the mid-1800s, and it vividly illustrates what life was like for early settlers in the American West. Loop back to Springdale in time for a farewell brunch, then transfer back to St. George for your travels home.

Meals: Breakfast
Destinations: Springdale, Grafton, St. George
Accomplished: 15 miles / 24 km, elevation gain: 819 feet / 240 meters

