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### TOUR ITINERARY



Africa / Morocco

# Morocco Bike + Adventure Tour

Berber Villages, Marrakech, and the Atlas Mountains

 $\ensuremath{\textcircled{}^{\circ}}$  2025 DuVine Adventure + Cycling Co.

## TOUR HIGHLIGHTS

- Work your way through the streets of the medina in Marrakech with a local guide, absorbing the outpouring of sights, smells, and sounds
- Ride through the foothills of the High Atlas on village roads shared with donkeys and on routes lined with flowering almond and cherry trees
- Hike beside a river to the base of Toubkal, the highest peak in the Atlas Mountains
- Enjoy a delectable Berber-style lunch while biking between remote villages
- Learn how to prepare Moroccan specialties infused with spices and ingredients essential to North African cuisine
- Get up close with the production of Morocco's versatile plant-based elixir, argan oil





## ARRIVAL + DEPARTURE



**NOTE:** DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

### **Emergency Assistance**

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.

### **Travelers Take Note**

To show you all our favorite parts of Morocco, this tour includes transfers on multiple occasions. We like to think of it as an opportunity to see more of the country en route to your next ride.

For the hikes on this tour, we strongly recommend bringing hiking boots or trail shoes with good traction (not running shoes or sneakers). Moisture-wicking clothing or daypacks are also recommended, but not required.

### TOUR ITINERARY

### **Tour By Day**

DAY

1

2

# Tea and Gardens in the High Atlas

Welcome to the Kingdom of Morocco, a country rich in history, culture, and beauty. Meet your guides at your pre-night hotel in Marrakech or at the airport, then take an hour and a half transfer into the foothills of Mount Toubkal. There, we'll be welcomed with traditional mint tea followed by lunch in a garden amidst the Atlas Mountains. After a bike fitting and safety briefing, head out on our first ride in the High Atlas, sharing the road with donkeys as we climb from one valley to another. Pause to admire the panoramic scenery, then relish the exhilarating, seven-mile descent to our home for the next three nights: a luxurious kasbah with breathtaking accommodations and sweeping mountain views. This evening, toast to a fantastic week ahead over dinner prepared with ingredients from the hotel's organic garden.

Meals: Lunch / Dinner Destinations: Oukaimeden, Asni Accomplished: 20 miles / 33 km, elevation gain: 2,417 feet / 737 meters Accommodations: Kasbah Tamadot

#### DAY The Golden Foothills

Wake to sunrise bathing the Atlas Mountains in morning light and enjoy the warm glow during breakfast on the hotel's terrace. Today's ride takes us towards the foothills for a gradual climb with progressively more awe-inspiring views of the valley. This fertile region is crisscrossed by trails connecting Berber villages where we're sure to encounter shepherds, villagers, and school children in our travels. A well-deserved lunch awaits at a table beneath a tent surrounded by glorious, fragrant gardens. Afterwards, we'll pedal to a local co-op farm for a closer look at Moroccan argan oil, a plant-based beauty elixir as golden as this morning's light. From here, finish riding back to the hotel for some pampering at the spa, a game of tennis, or a little extra time to relax before we regroup for dinner—a bountiful repast of delicious Moroccan salads.

Meals: Breakfast / Lunch / Dinner Destinations: Sidi Fares, Tahanout, Asni Accomplished: 29 miles / 46 km, elevation gain: 3,143 feet / 958 meters Accommodations: Kasbah Tamadot

### TOUR ITINERARY

# <sup>DAY</sup><sub>3</sub> Hiking Toubkal

Leave the bikes behind and take a short transfer into the foothills of Morocco's famous Toubkal Mountain. At 4,167 meters, majestic Toubkal is the highest peak in North Africa and a popular destination for mountain climbers. We won't be trying to summit, but the scenery on today's four-hour hike is no less remarkable: follow a meandering river trail to a picturesque village at the mountain's base, then enjoy a traditional Berber lunch at our friend Mohammad's house. Afterwards, we'll make our way back to Imlil. The markets in this village—overflowing with handcrafted tapestries, linens, leather, and pottery—are a wonderful place to hone our shopping skills before we hit the medina in Marrakech later this week. Back at the hotel, wind down with a stroll through the manicured gardens, sundowner in hand.

Meals: Breakfast / Lunch / Dinner Destinations: Imlil, Toubkal Accomplished: 5 miles / 8 km hiking Accommodations: Kasbah Tamadot

DAY

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# Magic of the Red City

Our last breakfast at Tamadot offers a taste of ripe and exotic fruits—some of which you'll recognize as we pedal through a tapestry of almond, cherry, and olive trees. Throughout the seasons, families (and their donkeys) travel along these farm roads tending and harvesting the orchards. After our morning ride, we'll trade bicycles for camels and set off through the desert for a taste of the nomadic lifestyle. Back on the bikes, continue cycling through Moulay Brahim, a town named for a Moroccan Sufi saint, and arrive in lakefront Lalla Takerkoust for lunch. This afternoon, transfer to Marrakech and get settled into your luxury riad. Indulge in the time-honored ritual of a Moroccan hammam or browse the city's bustling bazaars for a special souvenir—perhaps a clay tagine, a silver teapot, or a box of traditional, honey-soaked pastry. As the day draws to a close, savor the city's culinary delights and enjoy dinner at your leisure. Our guides will gladly share their recommendations.

Meals: Breakfast / Lunch

**Destinations:** Moulay Brahim, Lalla Takerkoust, Marrakech **Accomplished:** 28 miles / 45 km, elevation gain: 1,804 feet / 550 meters **Accommodations:** La Maison Arabe or Le Farnatchi

### TOUR ITINERARY

# <sup>DAY</sup><sub>5</sub> Cooking and Culture in Marrakech

After a traditional breakfast of fruit, dates, juices, and freshly baked breads, it's time to join our private chef for a hands-on morning of Moroccan cuisine. The adventure begins with a trip to the souks to practice our bargaining skills and select fresh ingredients. Then, we'll roll up our sleeves and prepare a variety of dishes that showcase the produce, fruits, and spices of North Africa, savoring our creations during lunch. Spend the afternoon exploring Marrakech with Mohammad, a talented local guide who brings the city's culture and heritage to life, weaving stories as intricate as the Berber rugs for sale in its souks. Marvel at the beauty of Islamic and Moroccan architecture at Dar el Bacha, admire jewel-toned textiles displayed in market stalls, and visit Ben Youssef Madrasa, a 14th-century Islamic college. Tonight, a horse-drawn carriage takes us on an enchanting jaunt through the Mellah, Marrakech's historic Jewish quarter, and on to the vibrant Jemaa-el-Fnaa square, where we'll enjoy a sumptuous farewell dinner and toast to an unforgettable week.

Meals: Breakfast / Lunch / Dinner Destinations: Marrakech Accomplished: Walking tour of Marrakech Accommodations: La Maison Arabe or Le Farnatchi

#### DAY 6

# Farewell, Morocco

After one more lovely breakfast—and perhaps a last mint tea—it's time to say farewell to this intoxicatingly beautiful hotel and city. Your guides will transfer you to the Marrakech airport, beginning your journey home.

Meals: Breakfast

