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TOUR ITINERARY

RIDING LEVEL 2

Europe / Switzerland

Switzerland Bike Tour

Cheese to Chalets in Interlaken, Lucerne, and Beyond

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TOUR HIGHLIGHTS

- Sample Swiss cheese and chocolate right where it's made
- Experience the abundance of outdoor landmarks in Interlaken and the jet-set appeal of Gstaad
- Spend a day hiking from the summit of Wispile mountain in Gstaad to Lake Lauenen, braving its brisk waters for a post-hike dip
- Ride to the famous Trümmelbach Falls, Europe's largest network of subterranean waterfalls
- Cycle through alpine valleys of the Bernese Oberland, alongside forested rivers, and into quaint Swiss towns full of shoulder-to-shoulder chalets









ARRIVAL + DEPARTURE

Arrival Details

- **Airport City**: Geneva, Switzerland
- **Pick-Up Location**: Aigle Train Station
- **Pick-Up Time**: 11:00 am

Departure Details

- **Airport City**: Zurich, Switzerland
- **Drop-Off Location**: Lucerne Train Station
- **Drop-Off Time**: 11:00 am

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or **emergency@duvine.com**.

Travelers Take Note

Some of the riding on this tour takes place on packed gravel or dirt roads.

For the hikes on this tour, we strongly recommend bringing hiking boots or trail shoes with good traction (not running shoes or sneakers). Moisture-wicking clothing or daypacks are also recommended, but not required.

TOUR ITINERARY

Tour By Day

DAY 1

A Very Swiss Beginning

Your guides will greet you in Aigle for a transfer to Lake Retaud—which overlooks the Diablerets Glacier—where our journey begins. After lunch and a bike fitting, we'll cruise downhill into the German-speaking region of Switzerland to meet our friend Matty, a local cheese and honey maker who introduces us to the traditions of Swiss farming. After a tasting, get back on the bike and pedal past plenty of Switzerland's emblematic wooden chalets all the way to the car-free resort town of Gstaad. Tonight, we regather to toast the week ahead before tucking into some delicious Swiss fare.

Meals: Lunch / Dinner
Destinations: Rougemont, Saanen, Gstaad
Accomplished: 16 miles / 26 km, elevation gain: 900 feet / 254 meters
Longer Option: 23 miles / 38 km, elevation gain: 1,700 feet / 629 meters
Accommodations: **Hotel Le Grand Chalet**

DAY 2

Hiking Snowcapped Peaks to Alpine Waters

After a classic Swiss breakfast, transfer to Wispile—the mountain that overlooks all of Gstaad. We'll catch a gondola to the top for a panoramic trek along the ridgeline and enjoy views of snowcapped peaks stretching across the Saaenland as we hike down from the 6,000-foot summit. Cool off in the alpine waters of Lake Lauenen or bask in the dense pine forests on its bank before lunch at a local mountain restaurant. After, head back to Gstaad with time to browse the shops and boutiques in the town center. Your guides will take you to their favorite restaurant for a traditional meal this evening.

Meals: Breakfast / Lunch / Dinner
Destinations: Gstaad, Launen
Accomplished: 6 miles / 10 km hiking, elevation gain: 507 feet / 155 meters
Accommodations: **Hotel Le Grand Chalet**

DAY 3 Entering the Bernese Oberland

Breakfast is served at our hotel before it's time to depart Gstaad. We'll cruise on a mix of asphalt and gravel roads through the Simmental Valley, an Alpine landscape in the Bernese Oberland. Our route snakes along the scenic Simme river, reaching the picturesque town of Spiez on the shore of Lake Thun where we stop for lunch. Afterward, keep on riding to our hotel or opt for a boat ride all the way to Interlaken. Tonight we'll gather for a relaxed dinner at the hotel's La Terrasse Brasserie, savoring a blend of contemporary local flavors with an international flair.

Meals: Breakfast / Lunch / Dinner
Destinations: Lake Thun, Interlaken
Accomplished: 33 miles / 53 km, elevation gain: 1,375 feet / 419 meters
Longer Option: 44 miles / 72 km, elevation gain: 1,886 feet / 575 meters
Accommodations: **Victoria-Jungfrau Grand Hotel & Spa**

DAY 4 Chasing Waterfalls

Encircled by the iconic mountains Eiger, Mönch, and Jungfrau, Interlaken is a playground for outdoor pursuits. Today, our own adventure takes us to the Lauterbrunnen Valley. We'll ride to the famous Trümmelbach Falls, which drain over 20,000 liters of water every second, then continue to the end of the valley for lunch. This afternoon, complete the ride back to the hotel, where you can take advantage of the world-class spa. Tonight, dine on your own back in Interlaken—your guides are happy to share their favorite spots!

Meals: Breakfast / Lunch
Destinations: Lauterbrunnen, Trümmelbach, Interlaken
Accomplished: 25 miles / 42 km, elevation gain: 2,132 feet / 650 meters
Shorter Option: 13 miles / 22 km, elevation gain: 2,027 feet / 618 meters
Accommodations: **Victoria-Jungfrau Grand Hotel & Spa**

DAY 5 Lake Brienz to Sarnen

Today's ride begins with a bang as we cover 12 miles of stunning scenery along Lake Brienz. We'll reach Meiringen, a town that is featured in Sir Arthur Conan Doyle's story of Sherlock Holmes, and board a gondola to Reuti. Prepare for some epic views as we get back on our bikes and ride across the high plateau of Haslital, ending with a descent all the way to our lunch in Sarnen. After lunch, choose to tack on some extra miles or hop in the van for a transfer to our final luxury hotel in the heart of Lucerne. Tonight will be an evening to remember as we toast to our week over imaginative cuisines and magical views.

Meals: Breakfast / Lunch / Dinner
Destinations: Lake Brienz, Sarnen, Lucerne
Accomplished: 38 miles / 62 km, elevation gain: 1,480 feet / 451 meters
Longer Option: 53 miles / 85 km, elevation gain: 3,245 feet / 989 meters
Accommodations: **Mandarin Oriental Palace**

DAY 6 Au Revoir, Auf Wiedersehen, and Addio!

After breakfast, say goodbye to Switzerland when your guides deliver you to the Lucerne train station and on to your next destination.

Meals: Breakfast
