

# Packing List: Challenge

## On the Bike

- ☐ Cycling jerseys (at least 4)
- ☐ Cycling shorts (at least 4)
- ☐ Long and short-sleeve undershirts
- ☐ Cycling shoes + pedals
- ☐ Booties (overshoes)
- ☐ Athletic socks (thin + thick)
- ☐ Arm/leg warmers
- ☐ Winter leggings or winter cycling pants
- ☐ Lightweight, waterproof, wind-resistant jacket and/or vest
- ☐ Fingerless and/or full-finger bike gloves
- ☐ Helmet (if you prefer your own)
- ☐ Saddle (if you prefer your own)
- ☐ Protein shakes, electro powder, and energy bars (if you prefer specific brands)

## Off the Bike

- ☐ Walking shoes
- ☐ Long and short-sleeved shirts
- ☐ Warm clothing in case of inclement weather
- ☐ Sweater/jacket for evenings
- ☐ Winter jacket
- ☐ Winter hat and gloves
- ☐ Casual dinner attire
- ☐ Swimsuit

## Travel Items\*

- ☐ Travel confirmations and tickets for air, rail, etc.
- ☐ Passport, including photocopy
- ☐ Local currency
- ☐ DuVine Travel Guide (with meeting and departing information)
- ☐ Emergency contacts
- ☐ Health insurance information
- ☐ Medications

*\*We recommend keeping these items in your carry-on while traveling*

## Additional Items

- ☐ Cell phone and charger
- ☐ Photography gear and charger
- ☐ Power/plug adapter
- ☐ Toiletries
- ☐ Sunscreen, sunglasses, and other sun protection gear
- ☐ Insect repellent

## What We Provide

- Bike
- Saddle
- GPS (*based on availability*)
- Flat or caged pedals
- Helmet
- Water bottle
- Snacks/nutrition for each ride
- Drawstring bag
- DuVine t-shirt
- DuVine jersey

## Dressing for the Weather

- Weather can change dramatically as we reach higher altitudes, so we recommend keeping a bag in the van with a fresh kit or warm layers. Check extended forecasts before your trip and pack accordingly.

## Before You Go

- Ensure your passport is valid for 3-6 months after return date
- Call your bank/credit cards to notify them of upcoming travel
- Please limit your luggage to one medium-sized suitcase and one carry-on

## Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? Or to ride like a guide in custom ASSOS gear? To order, contact us at [tour-coordinators@duvine.com](mailto:tour-coordinators@duvine.com). All gear (ASSOS and DuVine) is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

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