

# YOUR CHALLENGE PACKING LIST

## What to Bring

### On The Bike

- ☐ Cycling jerseys (at least 4)
- ☐ Cycling shorts (at least 4)
- ☐ Long and short-sleeve undershirts
- ☐ Cycling shoes + pedals
- ☐ Booties (overshoes)
- ☐ Athletic socks (thin + thick)
- ☐ Arm/leg warmers
- ☐ Winter leggings or winter cycling pants
- ☐ Lightweight, waterproof, wind-resistant jacket and/or vest
- ☐ Fingerless and/or full-finger bike gloves
- ☐ Helmet (if you prefer your own)
- ☐ Saddle (if you prefer your own)
- ☐ Protein shakes, electro powder, and energy bars (if you prefer specific brands)

### Off The Bike

- ☐ Walking shoes
- ☐ Hiking shoes (if required)
- ☐ Long + short-sleeved shirts
- ☐ Sweater/jacket for evenings
- ☐ Dinner attire (dressy casual) + dress shoes
- ☐ Swimsuit

### Travel Items\*

- ☐ Travel confirmations + tickets for air, rail, etc.
- ☐ Passport, including photocopy
- ☐ Local currency
- ☐ DuVine Travel Guide (with meeting + departing information)
- ☐ Emergency contacts
- ☐ Health insurance information
- ☐ Medications
- ☐ Cycling gear (+ pedals) if riding on Day 1

\*We recommend keeping these items in your carry-on while traveling

### Additional Items

- ☐ Cell phone + charger
- ☐ Photography gear + charger
- ☐ Power/plug adapter
- ☐ Toiletries
- ☐ Sunscreen, sunglasses, + other sun protection gear
- ☐ Insect repellent

## What We Provide

- Bike Saddle
- GPS (based on availability)
- Flat or caged pedals
- DuVine t-shirt and jersey
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag

### Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

### Before You Go

- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

### Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact [tourcoordinators@duvine.com](mailto:tourcoordinators@duvine.com). Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.