# YOUR CHALLENGE PACKING LIST

## What to Bring

### On The Bike
- Cycling jerseys (at least 4)
- Cycling shorts (at least 4)
- Long and short-sleeve undershirts
- Cycling shoes + pedals
- Booties (overshoes)
- Athletic socks (thin + thick)
- Arm/leg warmers
- Winter leggings or winter cycling pants
- Lightweight, waterproof, wind-resistant jacket and/or vest
- Fingerless and/or full-finger bike gloves
- Helmet (if you prefer your own)
- Saddle (if you prefer your own)
- Protein shakes, electro powder, and energy bars (if you prefer specific brands)

### Off The Bike
- Walking shoes
- Hiking shoes (if required)
- Long + short-sleeved shirts
- Sweater/jacket for evenings
- Dinner attire (dressy casual) + dress shoes
- Swimsuit

### Travel Items
- Travel confirmations + tickets for air, rail, etc.
- Passport, including photocopy
- Local currency
- DuVine Travel Guide (with meeting + departing information)
- Emergency contacts
- Health insurance information
- Medications
- Cycling gear (+ pedals) if riding on Day 1

*We recommend keeping these items in your carry-on while traveling*

### Additional Items
- Cell phone + charger
- Photography gear + charger
- Power/plug adapter
- Toiletries
- Sunscreen, sunglasses, + other sun protection gear
- Insect repellent

## Dressing for the Weather
- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

## Before You Go
- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

## Order DuVine Gear
Want DuVine bike shorts to match your complimentary jersey? To order, contact tourcoordinators@duvine.com. Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

## What We Provide
- Bike Saddle
- GPS (based on availability)
- Flat or caged pedals
- DuVine t-shirt and jersey
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag