

YOUR CHALLENGE PACKING LIST

What to Bring

On The Bike

- Cycling jerseys (at least 4)
- Cycling shorts (at least 4)
- Long and short-sleeve undershirts
- Cycling shoes + pedals
- Booties (overshoes)
- Athletic socks (thin + thick)
- Cycling sunglasses
- Arm/leg warmers
- Winter leggings or winter cycling pants
- Lightweight, waterproof, wind-resistant jacket and/or vest
- Fingerless and/or full-finger bike gloves
- Helmet (if you prefer your own)
- Saddle (if you prefer your own)
- Protein shakes, electro powder, and energy bars (if you prefer specific brands)

Off The Bike

- Walking shoes
- Hiking shoes (if required)
- Long + short-sleeved shirts
- Sweater/jacket for evenings
- Dinner attire (dressy casual) + dress shoes
- Swimsuit

Travel Items*

- Travel confirmations + tickets for air, rail, etc.
- Passport, including photocopy
- Local currency
- DuVine Travel Guide (with meeting + departing information)
- Emergency contacts
- Health insurance information
- Medications
- Cycling gear (+ pedals) if riding on Day 1

*We recommend keeping these items in your carry-on while traveling

Additional Items

- Cell phone + charger
- Photography gear + charger
- Power/plug adapter
- Toiletries
- Sunscreen, hat, + other sun protection gear
- Insect repellent

What We Provide

- Bike and saddle
- GPS
- Helmet
- Water bottle
- Snacks/nutrition
- Drawstring bag
- Custom t-shirt and jersey

Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

Before You Go

- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact tourcoordinators@duvine.com. Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.