



TOUR ITINERARY



Europe / France / Bordeaux / Dordogne

Dordogne + Bordeaux Bike Tour

Two Dreamy Destinations in the French Countryside

TOUR HIGHLIGHTS

- See the best of two distinct regions in Southwest France as you ride through the changing landscape from Dordogne into Bordeaux
- Explore a cave in Les Eyzies-de-Tayac, a village in the heart of the Vézère Valley renowned for its UNESCO-listed Paleolithic sites
- Step inside Cadouin Abbey, a Cistercian monastery founded in the 12th-century, to admire its breathtaking Flamboyant Gothic cloister
- Compare wines from AOC appellations in Monbazillac, Dordogne and Saint-Émilion, Bordeaux at top vineyards and in subterranean cellars



ARRIVAL + DEPARTURE

Arrival Details

- ✈ **Airport City:**
Paris or Brive-Souillac, France
- 📍 **Pick-Up Location:**
Sarlat train station
- 🕒 **Pick-Up Time:**
10:30 am

Departure Details

- ✈ **Airport City:**
Paris or Bordeaux, France
- 📍 **Drop-Off Location:**
Libourne train station
- 🕒 **Drop-Off Time:**
12:00 pm

NOTE: DuVine provides group transfers to and from the tour from the pick-up and drop-off locations stated on the itinerary. In the event your train, flight, or other travel falls outside the arrival or departure times or locations, you may be responsible for extra costs incurred in arranging a separate transfer.

Emergency Assistance

For urgent assistance on your way to tour or while on tour, please always contact your guides first. You may also contact the Boston office during business hours at +1 617 776 4441 or emergency@duvine.com.



TOUR ITINERARY

Tour By Day

PRE-
TOUR

Sarlat Pre-Night (Optional)

Arrive a day early in Sarlat for an extra night at the first hotel of the tour. Settle in and ease into vacation mode at the hotel's spa, or wander Sarlat's beautifully preserved historic center, home to an impressive number of medieval and Renaissance buildings. In the morning, enjoy breakfast at the hotel before meeting your DuVine guides to begin the tour.

Inclusions: Hotel, Breakfast

Accommodations: [Plaza Madeleine](#)

DAY
1

Welcome to the Dordogne

Meet your guides at the Sarlat train station and begin with a bike fitting and safety briefing before our first ride. We'll warm up along the Dordogne River, following undulating roads through this serene, densely forested region. Get to know one another during our first lunch—a picnic on a family-owned farm that specializes in truffles. There we'll meet the owner and Olympe—the family's truffle dog—and learn the secrets of Périgord's prized black diamonds. Afterward, it's a short ride to our historic hotel in the center of Sarlat. There's time to explore this storybook town before dinner at a charming local restaurant.

Meals: Lunch / Dinner

Destinations: Carsac, Groléjac, Vitrac, Sarlat-la-Canéda

Accomplished: 19 miles / 31 km, elevation gain: 1,738 feet/ 530 meters

Accommodations: [Plaza Madeleine](#)

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DAY
2

Rivers and Cave Paintings

This morning's route travels through a landscape of rolling hills and satisfying climbs, eventually leading us into the Fôret Barade, a peaceful stretch of shady walnut trees and poetic countryside. Follow the Vézère River to Saint-Léon-sur-Vézère—quite possibly the most idyllic town in all of France. Pause for a coffee then continue cycling to Les Eyzies-de-Tayac, the world capital of prehistory, where a fascinating cave visit provides a lens into the story of human evolution and the lives of our earliest ancestors. Emerge back into daylight and enjoy lunch at one of our favorite local bistros. Our ride ends in the riverside town of Limeuil, where the van awaits to transfer us to our next hotel, an elegant countryside retreat just outside Bergerac. Lounge by the pool, take a stroll through the gardens, or try your hand at a game of *pétanque*. This evening we'll gather for dinner at the hotel's fine-dining restaurant, featuring inventive, seasonal dishes that celebrate Périgord's most refined local ingredients.

Meals: Breakfast / Lunch / Dinner

Destinations: Sarlat-la-Canéda, Saint-Léon-sur-Vézère, Les Eyzies-de-Tayac, Limeuil, Saint-Nexans

Accomplished: 27 miles / 44 km, elevation gain: 928 feet / 283 meters

Accommodations: [La Chartreuse du Bignac](#)

DAY
3

Along the Dordogne to Cadouin Abbaye

After breakfast, set off on a picturesque ride through the green scenery of Périgord—a route dotted with picturesque townhouses reflected in the gently flowing Dordogne River. Our next stop is Cadouin, a medieval village known for its UNESCO World Heritage abbey that has become a stop for pilgrims on the Saint-Jacques-de-Compostelle route. After a leisurely lunch, hop in the van for a lift back to the hotel or tack on some extra miles with a ride along the Canal de Lalinde. The afternoon is yours: relax poolside with a glass of chilled Montravel Blanc or treat yourself to a massage. Tonight we'll head to dinner at a classic country bistro near Bergerac.

Meals: Breakfast / Lunch / Dinner

Destinations: Lalinde, Cadouin, Saint-Nexans

Accomplished: 28 miles / 46 km, elevation gain: 2,047 feet / 624 meters

Longer Option: 46 miles / 74 km, elevation gain: 2,995 feet / 913 meters

Accommodations: [La Chartreuse du Bignac](#)

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DAY
4

Wine Versus Wine

Monbazillac's sweet white wines are the perfect bridge between the Dordogne and our foray into Bordeaux. The day begins with a ride along the backroads of the Bergerac region, where endless vines and medieval villages set a timeless scene before giving way to the otherworldly vineyards of Monbazillac. Our destination is a family-run chateau where a first taste of wine awaits—and trust us when we say it poses some serious competition to Bordeaux's Sauternes. Continue cycling on quiet country lanes past sunflower fields and stone farmhouses to the neighboring villages of Rouffignac-de-Sigoulès and Monestier. After lunch at a delightful brasserie just outside Monestier, a scenic, hour-long transfer carries us into the heart of Bordeaux. We waste no time in this essential winegrowing region, heading straight for Saint-Émilion to meet our friend and wine merchant, Benoit. In his underground caveau, we'll sip the wine that has earned Bordeaux its world renown, then set off for dinner on your own in this enchanting cobblestone town.

Meals: Breakfast / Lunch

Destinations: Bergerac, Monbazillac, Rouffignac-de-Sigoulès, Monestier

Accomplished: 28 miles / 46 km, elevation gain: 1,840 feet / 561 meters

Accommodations: [Château-Hôtel Grand Barrail](#)

DAY
5

Pomerol and Saint-Émilion

Today is all about the world-famous vineyards of Bordeaux. Begin cycling past some of the most prestigious estates in Pomerol and Saint-Émilion: Cheval Blanc, Beau-Séjour Bécot, Pressac, Petrus, and Angélus, to name a few. During a wine tasting at Beau-Séjour Bécot, we'll dip our toe into some right-bank reds from the Saint-Émilion appellation, then hop back in the saddle. The final stretch to our hotel is short and flat, leaving plenty of time to unwind at the spa. This evening, a special table is set to celebrate our last night with a dinner of creative, locally sourced cuisine at the hotel's gastronomic restaurant.

Meals: Breakfast / Lunch / Dinner

Destinations: Pomerol, Bertin, Montagne, Saint-Émilion

Accomplished: 21 miles / 34 km, elevation gain: 1,158 feet / 353 meters

Accommodations: [Château-Hôtel Grand Barrail](#)

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DAY
6

One Last Loop

Take the morning to enjoy a late breakfast, wake at sunrise to swim laps, or seize the opportunity for a final spin through Bordeaux's sleepy villages and swaying sea of vines. However you choose to spend the last precious moments of your trip, we'll bring you to the Libourne train station and see you off to your next destination.

Meals: Breakfast

Destinations: Saint-Émilion, Libourne

Accomplished: 14 miles / 22 km, elevation gain: 534 feet / 163 meters

YOUR TOUR DETAILS

Preparing for Your Tour

Travel Services

DuVine can assist with extended reservations at the first and final hotels on your scheduled itinerary, or with private transfers to and from your bike tour. DuVine's travel advisor partners are happy to assist with flight reservations. If you are not already working with an agent, please request a referral from your **Tour Coordinator**.

Travel Protection

DuVine offers a **Travel Protection Plan** to help protect your travel investment, your belongings, and most importantly, you. The offered Travel Protection Plan is non-refundable, but it is strongly recommended in the unfortunate event that you have to cancel or leave your trip.

NOTE: Plan benefits, limits, and provisions may vary by state or jurisdiction. In order to receive full benefits, Travel Protection must be purchased within 21 days of initial tour deposit. This plan is available to citizens of the U.S. and Canada only.

Gratuities

Gratuities are much appreciated to thank DuVine guides for exceptional service, support, and expertise. The industry standard is for each guest to tip 10-15% (U.S. tours and Cycle + Sail tours) or 7.5-10% (all other tours) of their trip price. The recommended per-traveler amount is an appropriate gratuity for your guide team as a whole. (It is not necessary to tip this amount *per* guide.) Tips are customary at the end of your tour, and local currency is always preferred. We recommend bringing extra cash or visiting the ATM at the beginning of your trip.



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YOUR TOUR DETAILS

Bikes

DuVine's top-of-the-line bikes are tuned to perfection and fit specifically to you. Our performance bikes from premier manufacturers feature light frames, smooth-rolling tires, comfortable seats, and wide gear ranges for the best ride possible. Please [see our website](#) for the exact bike models offered on tour. E-bikes are available in most destinations on a first-come, first-served basis. Electric assist provides an extra boost to your own pedal power, so you can ride longer distances, tackle tougher climbs, and maintain a faster pace. Contact your Tour Coordinator if you are interested.

Electrical Overseas

If you're traveling abroad, you will most likely need an [adapter](#), which allows your device's plug to fit into foreign outlets. North American devices run on 110/125V electricity while the majority of the world runs on 220/240V. Converters and transformers change the voltage of electricity to match your device.

Training

First and foremost, get out on your bike and start logging some miles. Experience with the elements and terrain will help with your comfort level (balance, unexpected conditions, etc.) on tour. Nothing compares to the real thing, but if you can't cycle outside, consider spin classes. Always remember, training is a gradual process—don't try to overdo it or push yourself when you aren't ready. However, the most important part of training is to enjoy your ride! [Download a training guide](#) based on your Tour Level.

Travel Sustainably

DuVine is committed to sustainable travel and has been a 100% carbon neutral company since 2022. While cycling is an inherently eco-conscious mode of travel, we continuously seek ways to lessen our footprint, whether it be biodegradable water bottles or compostable gear mailers. [Read more](#) about sustainability at DuVine.



YOUR PACKING LIST

On The Bike

Cycling jerseys or athletic shirts
Cycling shorts
Cycling shoes (if you bring your own pedals)
Sneakers (if you don't bring your own pedals)
Cycling sunglasses
Athletic socks
Arm/leg warmers
Lightweight, waterproof, wind-resistant jacket or vest
Bike gloves
Bike saddle/cover (if you prefer your own)

Off The Bike

Walking shoes
Hiking shoes (if required)
Long + short-sleeved shirts
Sweater/jacket for evenings
Dinner attire (dressy casual) + dress shoes
Swimsuit

Travel Items*

Travel confirmations + tickets for air, rail, etc.
Passport, including photocopy
Local currency
DuVine Tour Itinerary (with meeting + departing info)
Health insurance information
Medications
Cycling gear (+ pedals) if riding on Day 1

*We recommend keeping these items in your carry-on

Additional Items

Cell phone + charger
Photography gear + charger
Power/plug adapter
Toiletries
Sunscreen, hat, + other sun protection gear
Insect repellent

What We Provide

- | | |
|-----------------------------|--------------------|
| • Bike saddle | • Helmet |
| • GPS (where available) | • Water bottle |
| • Flat pedals | • Snacks/nutrition |
| • DuVine t-shirt and jersey | • Drawstring bag |

Order DuVine Gear

Want DuVine bike shorts to match your complimentary jersey? To order, contact tourcoordinators@duvine.com. Gear is shipped free of charge to DuVine guests in the U.S. and Canada. For expedited shipping and guests outside of the U.S. and Canada, additional shipping fees will apply.

Do I need to bring special gear?

- Cycling shorts are designed to provide extra padding when spending the whole day in the saddle. Don't forget the chamois cream!
- If you bring your own cycling shoes, you must bring your own pedals. If you've never used clip-in pedals before, we don't recommend using them on tour.
- Arm and leg warmers are essential for cooler weather. Wear them with your short-sleeve jersey and shorts for lightweight, easy-to-pack, and effective warmth.
- Bike gloves are a preference, but are recommended for Level 3 and 4 tours. The padding in gloves can ease arm, shoulder, and joint fatigue.

Dressing for the Weather

- The location and time of year of your tour can bring all kinds of weather, from extreme heat to relentless rain. Check extended forecasts before your trip and pack accordingly.

Before You Go

- Ensure your passport is valid for 3-6 months after return date.
- Call your bank/credit cards to notify them of upcoming travel.
- Please limit your luggage to one medium-sized suitcase and one carry-on.

BIKE SAFETY

We strongly suggest you read these simple safety instructions and watch our [brief safety video](#). They will help you bike safely before and during your tour!

- Wear a helmet—this is mandatory on tour!
- Familiarize yourself with traffic laws and obey them. Bikes do not have the right of way, but most drivers are respectful to cyclists on the road. Always ride in the direction of traffic.
- Be aware of your surroundings at all times. Knowing what is in front of and behind you may help prevent an accident.
- Alert other riders around you by announcing the presence of traffic ("car up") or pot holes ("pot hole").
- When riding as a group, maintain distance between yourself and other cyclists
- Learn the hand signals to indicate when you are stopping or turning.
- Operate your bike consistently and predictably—avoiding erratic movements.
- Keep at least one hand on the handlebars at all times.
- Primarily use your rear brake.
- Always be aware of weather and road conditions and how they may affect your ability to brake.
- Never wear headphones or use speakers during rides.
- Always listen to additional instructions from your guides on tour.

If you have chosen an e-bike, be aware that it is slightly heavier, faster, and more powerful than a non-electric bike. Therefore, you should anticipate a different reaction when riding downhill, braking, or dismounting from an e-bike. Your guides can offer further instruction during your bike fitting and safety review.

